

## Leadership and Emotional Intelligence (EI101)

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### Part 1: Course Information

#### Course Description

In this course, students will be introduced to the concept of Emotional Intelligence as a means to improve self-management and relationship management. The operative concepts are applied to social, family, academic and professional relationships with an emphasis on leadership implications. The majority of the curriculum is based upon the book by Daniel Goleman entitled: "Leadership: The Power of Emotional Intelligence," and covers leadership styles and their appropriate applications, the emotional intelligence model, and neurological aspects of the limbic system. The class is a lecture format which encourages student participation.

#### Prerequisite

None

#### Textbook & Course Materials

##### Required Text

What Makes a Leader: Why Emotional Intelligence Matters (2013)  
Daniel Goleman

#### Recommended Texts & Other Readings

Course handbook

#### Course Structure

The course is based on lectures, discussion and activities

## Part 2: Student Learning Outcomes

- To provide you with an understanding of the importance of emotional intelligence in the stages of life and for effective leadership.
- To determine the most effective ways to react when faced with negative emotions and tempted to behave irrationally.
- To explain different styles of leadership and appropriate situations in which to use the given styles.
- To explain the neuroscience behind emotional intelligence and effective cognitive function.
- To understand the ideologies behind successful leaders and how to explain, apply, and develop such ideologies.
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## Part 3: Grading Policy

Points	Description
*30	Midterm
*10	Presentation
*10	Project
*10	Attendance/Participation
*40	Final
100	Total Points

## Part 4: Course Policies

Attend Class

Part 5: Topic Outline/Schedule

Week	Topic or Chapter	Activities ( if there is any)
1	<b>Lesson 1:</b> Introduction to course. Course requirements. <b>Lesson 2:</b> General discussion on EI	
2	<b>Lesson 1:</b> Presentation preparation. <b>Lesson 2:</b> Defining Leader and Leadership + Quiz pg. 3 +5-6	
3	<b>Lesson 1:</b> pg. 4 Leadership quiz+answer key pg. 129-130 <b>Lesson 2:</b> Top 10 Leadership Qualities of a Managerpgs.7-11	
4	<b>Lesson 1:</b> What is your Emotional IQ?: pg.12-14 + EQ test.pg.131-135 <b>Lesson 2:</b> What is your Emotional IQ cont. pg. 15-19	
5	<b>Lesson 1:</b> Communication insert <b>Lesson 2:</b> Emotions in the Workplace: pg.29-35	
6	<b>Lesson 1:</b> Daniel Goleman's EI Model pg.20-22 + Activity pg. 121-123 <b>Lesson 2:</b> Daniel Goleman's EI Model pg 23-28	
7	<b>Lesson 1:</b> The Open Loop Introduction pg36-38 + Video: .Simon Sinik: Why Good Leaders Make you Feel Safe <b>Lesson 2:</b> The Open Loop cont. pg39-44	
8	<b>Lesson 1:</b> Mirroring + Contagion pg. 45-49 Laughter and The Open Loop pg. 50-54 <b>Lesson 2:</b> Finalizing Midterm material	
9	<b>Lesson 1:</b> Midterm Review <b>Lesson 2:</b> Midterm	
10	<b>Lesson 1:</b> Six styles of leadership Introduction : pg55-57 + Authoritative Style Coaching style pg61-65 Affiliative style pg.66-70 <b>Lesson 2:</b> Democratic style pg 71-73 Pacesetting style pg. 74-78 Coercive Style +Conclusion pgs 79-82	

11	<b>Lesson 1:</b> Feedback pgs 83-90 <b>Lesson 2:</b> Teamwork: pg. 91- 107 + Video: The Board game	
12	<b>Lesson 1:</b> Self Improvement: pg. 108-111 <b>Lesson 2:</b> Avoid Comfort: pg. 112-114	
13	<b>Lesson 1:</b> Steve Jobs: Commencement speech at Stanford University <b>Lesson 2:</b> Antithesis Theory: 115-119	
14	<b>Lesson 1:</b> Activity <b>Lesson 2:</b> Activity	
15	Finalizing grades and material	