



City Survival Guide

Mannheim



الجامعة الألمانية الأردنية
German Jordanian University

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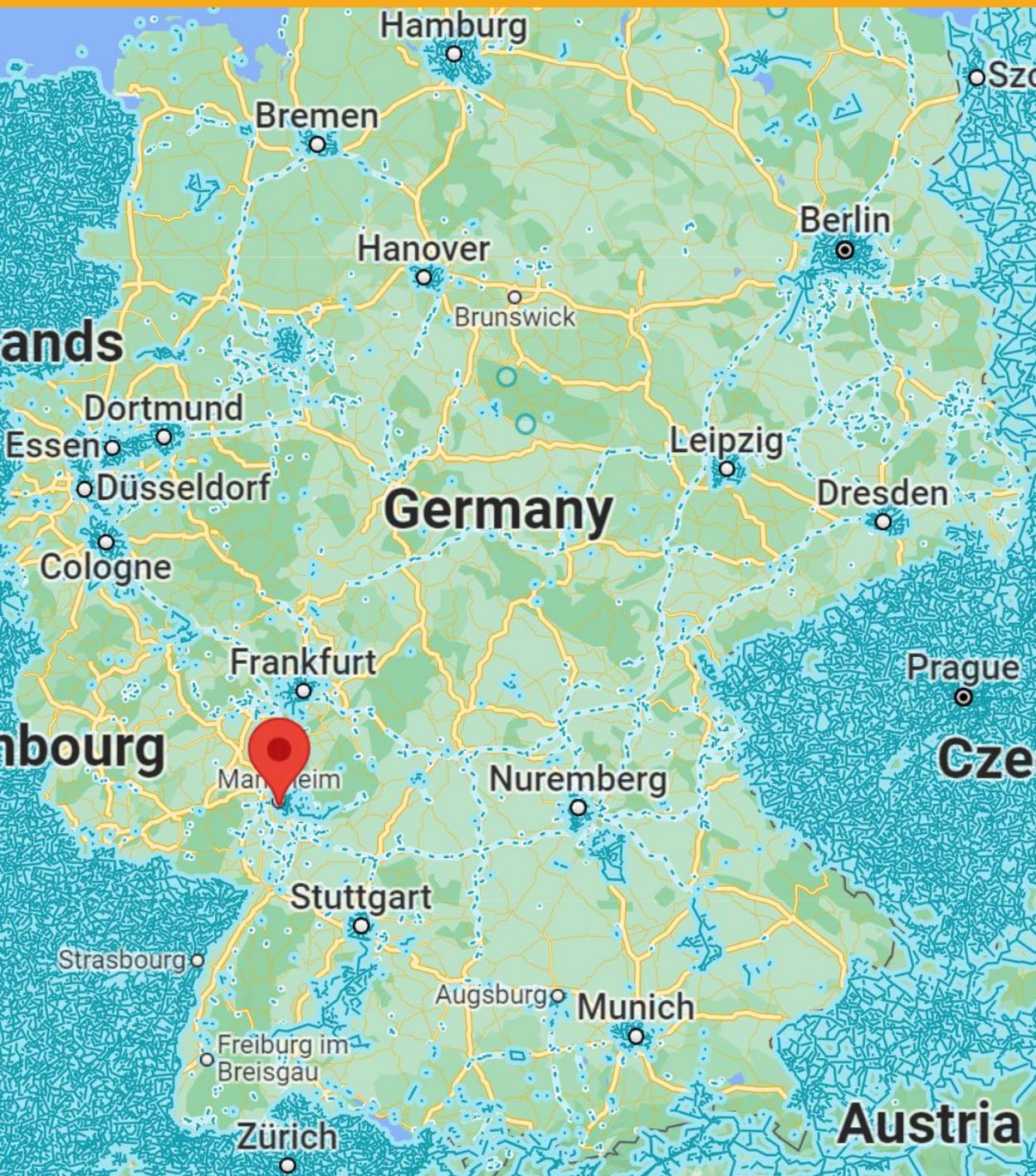
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General Information

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Location



- South-west of Germany, in Baden-Württemberg at the corner of Rheinland-Pfalz and Hessen
- Inhabitants: 300.000 (9% students)
 - Aqaba: 188.000 → Mannheim is 2x as big
 - Madaba: 80.000 → Mannheim is 3,75x as big
 - Amman: 4 Mio. → Mannheim is 13x as small

From the airport to Mannheim

- Frankfurt International Airport: 0,5h by train (direct train)
- Köln-Bonn Airport: 2,0h by train (1x change)
- Memmingen Airport: 2,5h by train (with change)
- Berlin: 5,0h by train (direct train)

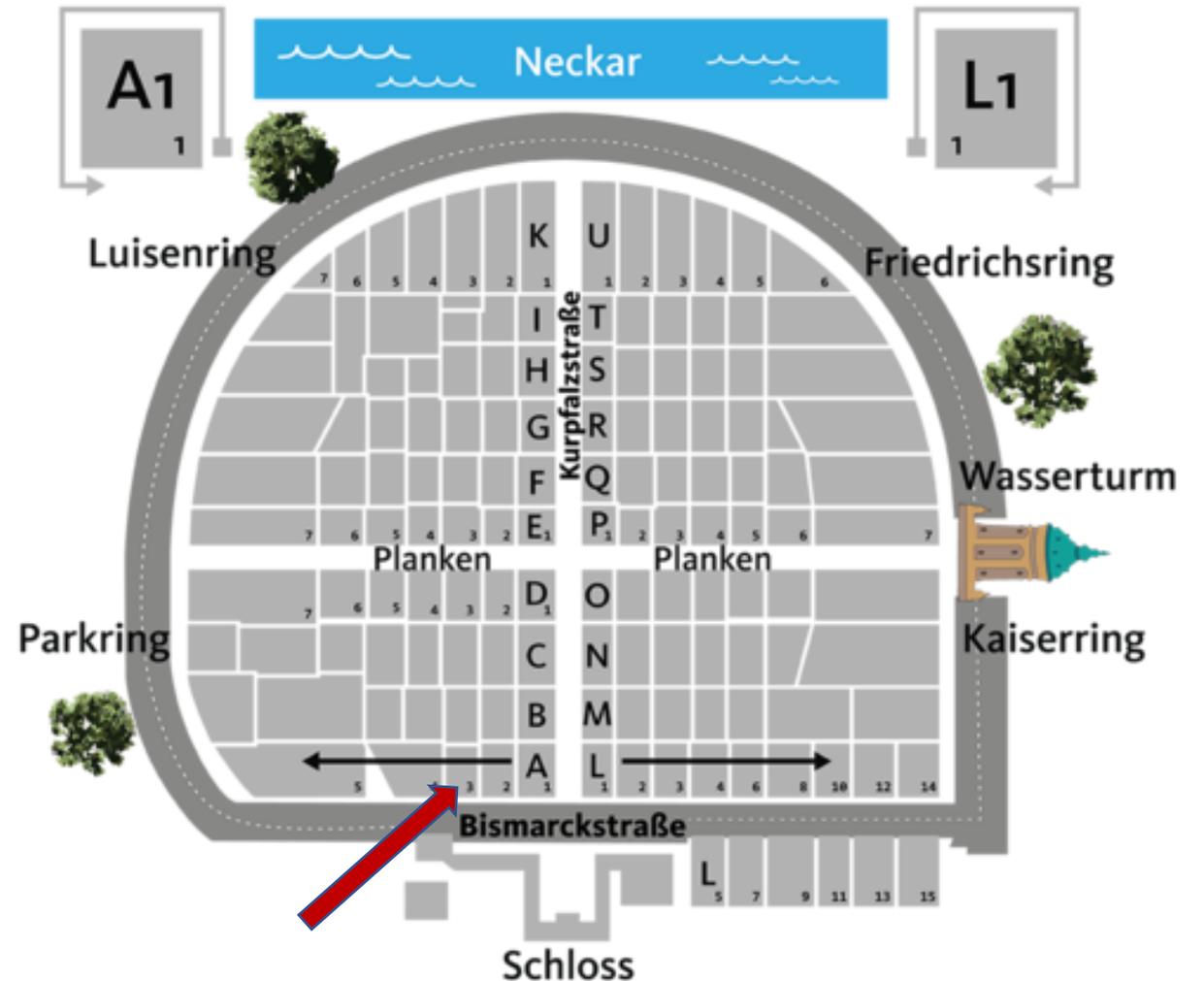
Square City „Quadratstadt“

- Mannheim is also known as the square city („Quadratstadt“) due to its structure of the city center → 144 squares
- The logo of the City: **MANNHEIM**²
- But why? Constructed in 1606, the city was supposed to fulfill military requirements and ideals of the renaissance.
- Fun Fact: Manhattan (New York) is constructed after the example of Mannheim according to legend



Squares explained

- The squares are named as shown in the picture, beginning with A in the south numbered beginning in the middle
- The ring around the squares is divided in four sections: Parkring, Luisenring, Friedrichsring and Kaiserring
- The „Planken“ are the main street with a lot of shopping possibilities
- Example: There is a library at A3 – called the „A3-Bib“ → first row, left side, 3rd square



Squares explained

- On the right you see examples for the street signs of the square Q
 - On the right side are the houses with the number 4 to 5 in direction of the arrow, on the left side the houses 6 to 10 (starting with 6 following the arrow from our point of view)
- Example for adress: P3, 14 → thus you live in square P3 (row p, square number 3) with the housenumber 14



Location of your university

- The City Center of Mannheim is located between two rivers: the Rhine in the south (also border to Rhineland-Palatinate and Ludwigshafen) and the Neckar
- The University of Applied Sciences is located around 10 min by tram from the City Center and the Central Station (black X)





Campusplan

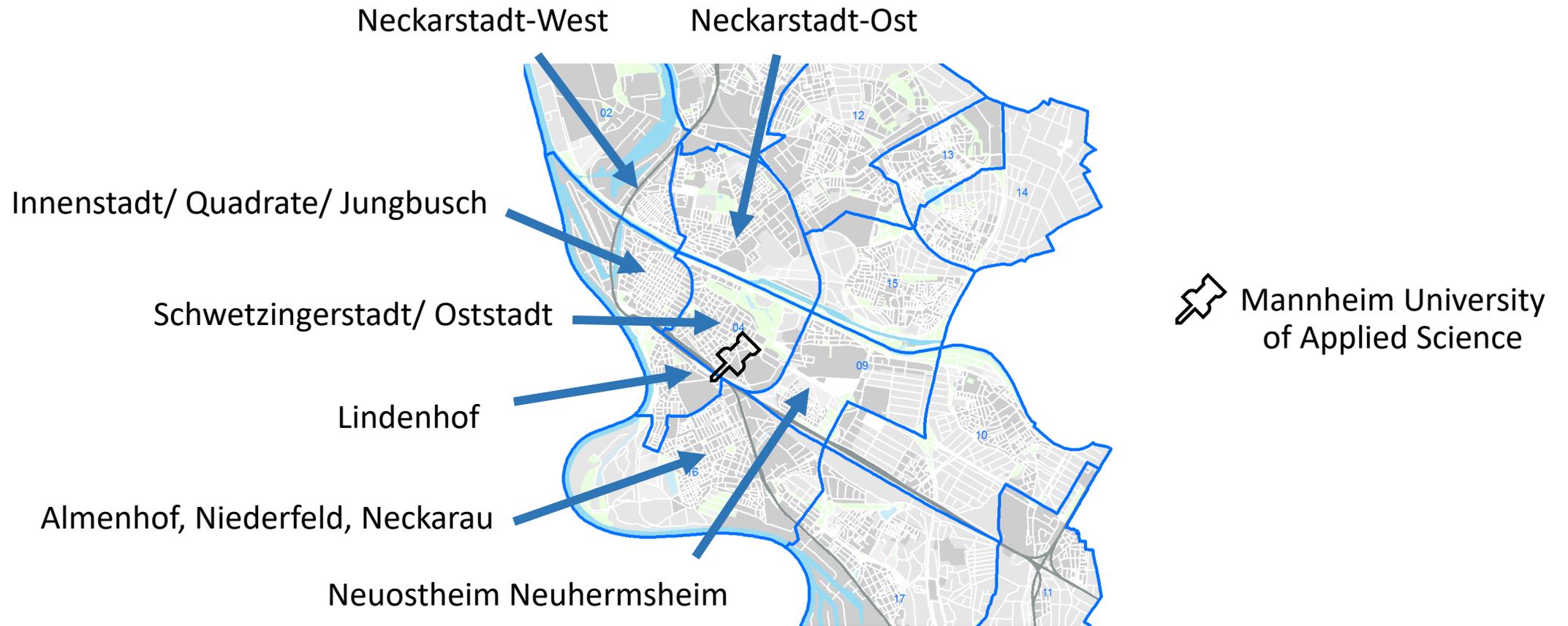


Hochschule Mannheim
University of Applied Sciences
Paul-Wittsack-Straße 10
68163 Mannheim

- International Office **Building J**
- Biotechnology Department **Building G, H** (Dean), **K**
- Electrical Engineering Department **Building B** (Dean), **F**
- Design Department **Building C, Y, Z** (Dean)
- Computer Science Department **Building A** (Dean)
- Information Engineering Department **Building R, K, S** (Dean)
- Mechanical Engineering Department **Building A, B, G, H** (Dean), **K, Q, T**
- Social Work Department **Building C** (Dean)
- Chemical Process Engineering Department **Building E, G, H, S** (Dean), **U**
- Engineering and Management Department **Building L** (Dean), **K**
- Turbo Academy **Building Q**
- Competence Center Tribology **Building T**
- President's Office **Building A**
- StudentsServiceCenter **Building H**
- Library **Building L**
- Computer Centre **Building H**
- Cafeteria **Building J**
- Auditorium **Building C**

- In total, there are **13 canteens and cafeterias** for students in Mannheim (one directly at the Hochschule Mannheim Campus). [Here](#) you can check out all of them!
- There is one **library on the Hochschule Mannheim Campus** – but you also have access to the **other libraries** of the universities in Mannheim (e. g. Ehrenhof library at the castle, the A3-library, Schneckenhof library, ...)

Where to live in Mannheim



Where to live in Mannheim

Innenstadt/ Quadrate	Ca. 320 – 380 €, everywhere is recommended, around the market square are a lot of turkish and arabic restaurants, supermarkets and shops („Little Istanbul“)
Jungbusch	Scene-district with bars, 350 – 400€, recommended
Neckarstadt-West	Dammstraße, Langstraße and Mittelstraße (everything near the Neckar) recommended, more in the north not recommended, 300 – 350€
Neckarstadt-Ost	Recommended (especilly near Lange Rötterstraße with a lot of cafés), 300 – 350€
Schwetzingenstadt	Recommended everywhere, cafés, mix of families and students, close to University of Applied Sciences, the City Center and train station, 280 – 330€
Lindenhof	A lot of families, 350€ - 450€, beautiful located at the Rhine
Almenhof/ Niederfeld/ Neckarau	Escpecially Almenhof is super close to the University of Applied Sciences, close to the Rhine and there is a small lake open in summer, 300 – 400€
Neuostheim/ Neuhermsheim	280€ - 400€, calm, rather far from the city center (20 min by tram)

Registration in Mannheim

- How to make an appointment
 - Search for the citizen service office in your district ([here](#) is an overview)
 - Reserve an appointment [here](#)
- Needed documents
 - Passport
 - [Anmelde-Form](#)
 - [Wohnungsgeberbestätigung](#) (need to be filled out by landlord)

MANNHEIM²

Termin absagen

Sollten Sie einen bereits gebuchten Termin nicht mehr benötigen, sagen Sie diesen bitte ab:
[Termin absagen](#)

Terminvereinbarung im Bürgerservice Mannheim

Bitte wählen Sie die gewünschten Anliegen und deren Anzahl aus.

Termin vereinbaren

Meldeangelegenheiten

An- und Abmeldungen eines Haupt- oder Nebenwohnsitzes Info	0	∨
Meldebescheinigung, Lebensbescheinigung Info	0	∨
Melderegisterauskunft Info	0	∨
Standesamtliche Änderung im Melderegister Info	0	∨

Tips

- If you still need furniture for your apartment, you can look for second hand (way cheaper)
 - Ebay Kleinanzeigen
 - Facebook „Free Your Stuff Mannheim“ (2 groups)
 - Facebook Marketplace
 - Facebook „Flohmarkt Mannheim“ (group)
- Mobile sim-card
 - I would recommend to go with ALDI or LIDL prepaid cards

Sportsprogram University

- There are a lot of sport activities you can do: Basketball, Soccer, Handball, Badminton, Volleyball, Dancing Classes, Yoga Classes, Swimming, Rowing on the Rhine and Neckar, Biking, Tennis, Workouts (e. g. „Gehttworkout“)
- The sports program takes places **in cooperation with the University of Mannheim** – thus you will also meet a lot of students from the other university
- In order to participate you need a [Sports card](#)
- **Most of the courses are free**
- Here you can find the **full program**: <https://www.uni-mannheim.de/sport>



Transportation in Mannheim

[Click here](#) to get back to the overview



VRN Nextbikes

- If you have a „Semesterticket“ you can register for the VRN Nextbike in Mannheim (39€ per year) → choose „RedCard-Tarif“ when registering
 - The first 30 min of every ride are free (afterwards 0,50€ for every 30 min, max. 5€ per day)
 - **Pro Tipp:** give the bike back at one station, wait 15 min and you'll have 30 min for free again
 - You have to give back the bikes at the stations (otherwise fees of 20€)
 - Install the Nextbike Application



Swapfiets

- Rent a dutch bike monthly for 16,90€ per month
 - Either monthly contract (+15€ registration fee) or 6-month contract (w/o fee)
- Advantages:
 - after your time in Germany, you can give it back and don't have to sell it
 - A repair service is inclusive
- Be aware that bike theft is quite common in Germany, thus make sure to lock your bike with both locks to be insured



E-Scooter



- 20 km/h
- No driving license needed
- You are only allowed to drive on the bikeway or on the street, the sidewalk and pedestrian zone are not allowed (fees: 15 – 30€)
- You need to respect red lights (fees: 60 – 180€)
- Provider
 - TIER (1€ starting fee per ride + 19 ct. per min)
 - Lime (1€ starting fee + 20-25 ct. per min)

Bus, Tram, Trains

- VRN = Verkehrsverbund Rhein-Neckar (the regional transportation system)
- **How to use it?** In Mannheim, you have two options as a student
 - **Option 1: buy a “Semesterticket” (180€)**
 - A Semesterticket is a ticket that allows you to use the regional transportation system for one semester (6 months) for a reduced price
 - Allows the use of the VRN means of transportation **24/7** during the semester
 - See [here](#) the options where to buy it
 - **Option 2: not buy a “Semesterticket” (free)**
 - There is an evening- and weekend regulation that allows the use of the VRN means of transportation in the **evening (7 pm – 5 am) and on weekends**
 - Needed: student ID with print on it saying “Wochenend- und Abendregelung” (you can get this print in your university) in combination with passport

Should I buy a Semesterticket?

	Student ID w/o Semesterticket	Student ID w/ Semesterticket
Monday – Friday 5 am – 7 pm	✗	✓
Monday – Friday 7 pm – 5 am	✓	✓
Weekend (24 h)	✓	✓
Vacation (24 h)	✓	✓
	free	180€

Note: As Mannheim has rather short distances, you should check if you need a ticket for the whole day or if the regulation and for example the use of Nextbikes throughout the day is enough for you

What am I allowed to use?



- What am I allowed to use with a Semesterticket or the Weekend- and Evening regulation?
 - All means of transport of VRN
 - RE (Regionalexpress) - train
 - RB (Regionalbahn) - train
 - Deutsche Bahn S-Bahn (Stadt-Bahn) 2. Class - train
 - VRN Busses
 - VRN Trams (left picture)
- You can easily recognize the VRN Busses and Trams as they are in GJU colors (but the blue one on the right is also allowed) 😊

Where can I get with VRN?

The VRN-region w/o Westpfalz
(you can find the map also [here](#))

If you want to go to places outside of this region, you can buy a connection ticket starting from the last point in the region (e. g. you want to go to Saarbrücken → buy a ticket from Kaiserslautern on)

Note: Your ticket **never** allows you to take an **IC or ICE!** You have to buy a complete ticket then



Useful applications for VRN

- **Schedule**
 - Google Maps
 - DB Navigator
 - MyVRN or Rnv/VRN-Ticket
- **Ticket Purchase** (in case you don't have a Semesterticket and want to go before 7 pm)
 - DB Navigator
 - Navigator → Verbundtickets → VRN
 - MyVRN or Rnv/VRN-Ticket
 - At the station (tram, trains) or at the bus driver

Taxis

- **Taxis** are **very expensive** and thus not recommended
- There are also applications like **Uber** or **Flinn**
- There is one special concept: **FrauenNachtTaxi (FNT) – a taxi for women at night**
 - Registration needed before at the [website](#)
 - Only for unaccompanied women
 - 10pm to 6am
 - Price is reduced by 4€
 - Usable 12x in one year

Long distance



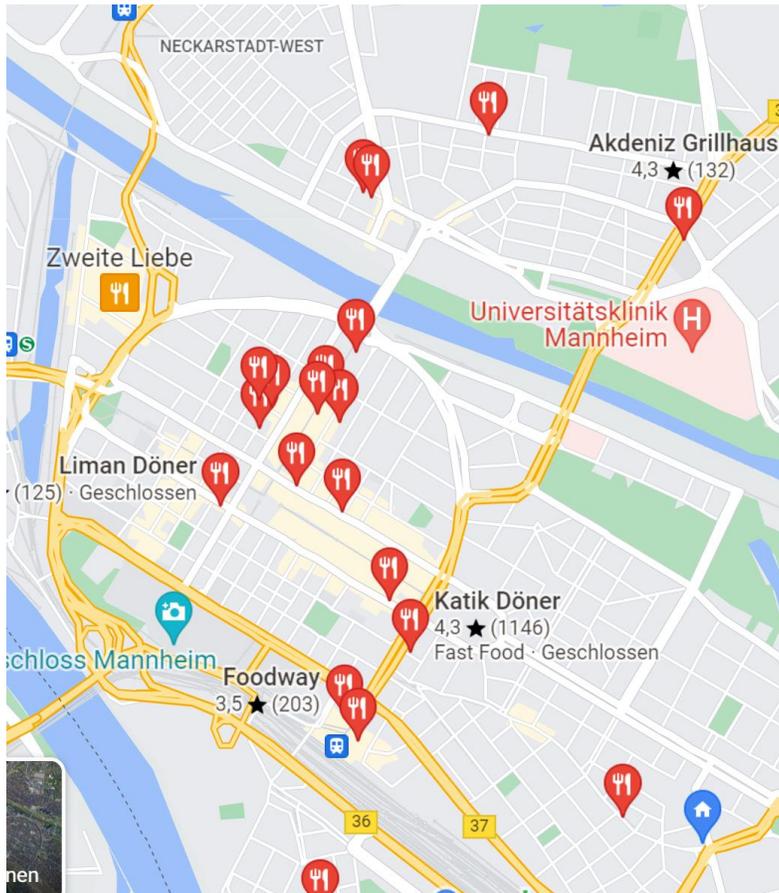
- Train: Deutsche Bahn (DB Navigator)
- Bus: Flixbus, IC Bus, Eurolines, Roadjet, BlaBlaBus, ADAC-Postbus
- Shared cars: BlaBlaCar, fahrgemeinschaft.de, bessermitfahren.de
- Rent a car: Avis, Europcar, Sixt
 - Good website for comparing prices: Check24.de



Other information about Mannheim

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Döner & Chocolate



Döner: Mannheim is known for its many „Dönerläden“ (Kebabstores) - you can find them anywhere in the city (ask the locals about their favorite Dönerladen – you will get a lot of different answers)

Chocolate smell: If you are taking a walk in the city center, Neckarstadt or in the Jungbusch, you might notice the smell of chocolate – it comes from the chocolate factory „Schokinag“



„Monnemerisch“

- „Monnermisch“ is the name of the dialect spoken in Mannheim
 - If you want to get an impression, check out these articles about a man called „Blumenpeter“ that became a legend in Mannheim (identical in content, one in German and one in dialect)
 - Dialect: <https://pfl.wikipedia.org/wiki/Blumenpeter>
 - German: <https://de.wikipedia.org/wiki/Blumepeter>
- Typical things you might hear:
 - „**Alla**“ – used to say goodbye (from french: à la prochaine – see you next time; example: Alla, bis morgen!)
 - „**Alla hop**“ – used like Yalla (example: Alla hop, los geht’s)
 - „**Hajoo**“ – means „yes“ (example: Gefällt dir Mannheim? Hajoo, beste Stadt!)
 - „**Uffbasse**“ – means „Aufpassen“ (pay attention)
 - To give you an example of the REAL „Monnemerisch“: <https://www.youtube.com/watch?v=TzPULn5WPmk>
... without subtitles, also most of the Germans do not have a chance :D

Brief history of Mannheim



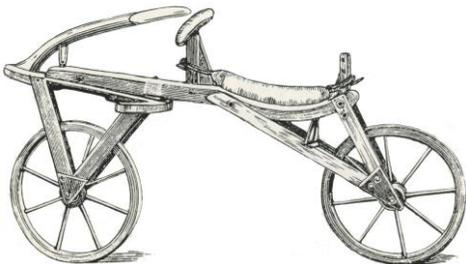
766: The name comes from a village called **Mannenheim** (the village of Manno)



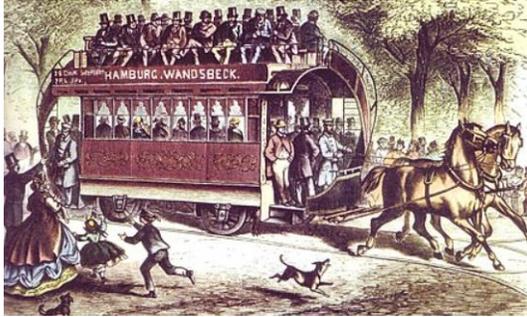
1606: Formation of the city: Kurfürst Friedrich 4th began the building of the castle Friedrichsburg → building of the „Quadrat“



1817: Karl von Drais **invented the first bike (Draisine)** as a replacement for starved horses



Brief history of Mannheim



1878: opening of horse railway



1880: invention of the first electric lift by
Werner von Siemens



1886: first automobile by Carl Benz



Brief history of Mannheim



1898: Foundation of the Hochschule Mannheim



1939-1945: World War 2 – Mannheim was nearly completely destroyed



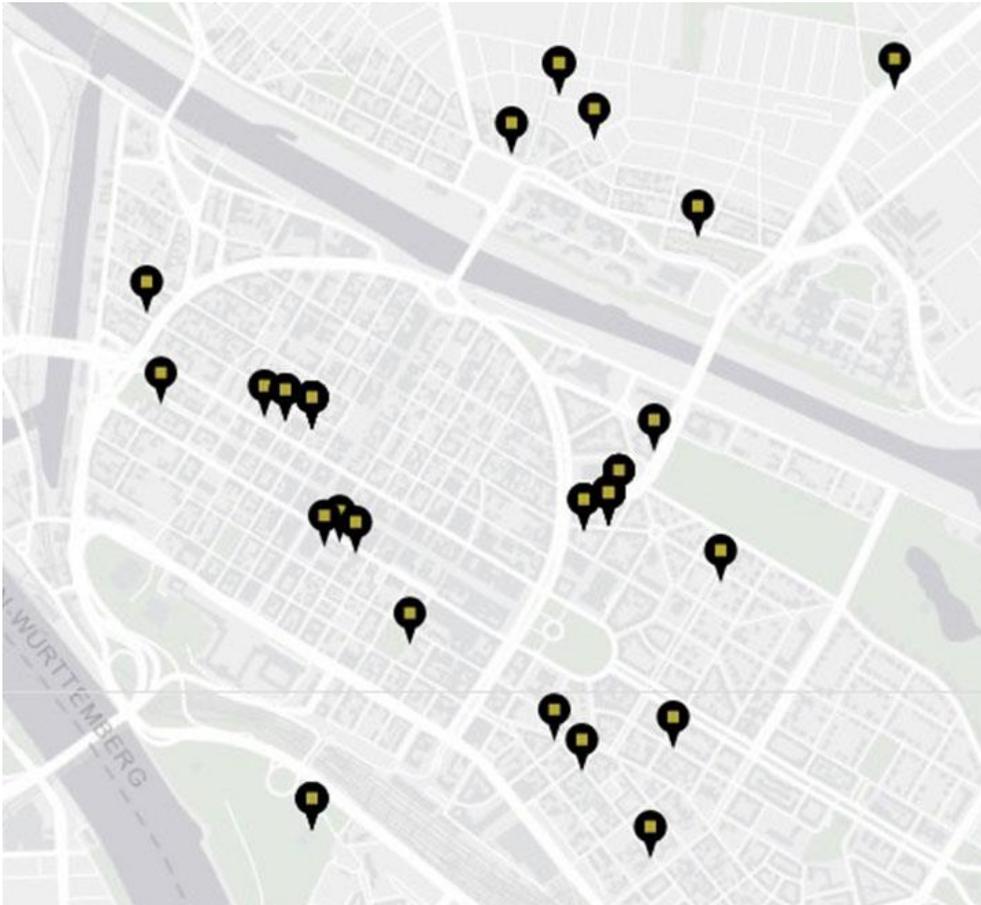
2007: 400th birthday

Stolpersteine

- Sometimes, you will recognize some brass-coloured stones on the ground, the so called „Stolpersteine“ – stones to stumble
- Stolpersteine are **commemorative plaques** that should **remind of the victims of the Nazi-regimes**
 - Idea: Return the victims their names that have been taken in the camps
 - You have to look down to read the inscription on the stone → this is meant to be a symbolic bow to the victims
 - The stones are layed in front of the last houses of the victims → this should show that they lived in the centres and thus the stones questions the statement that the people „didn't know“ what was going on



Stolpersteine



- The stones are handmade in contrast to the mechanical killing of people
- Intention: stumble in the head and the heart
- In Mannheim, you can find 191 of those stones (in Europe in total 75.000)

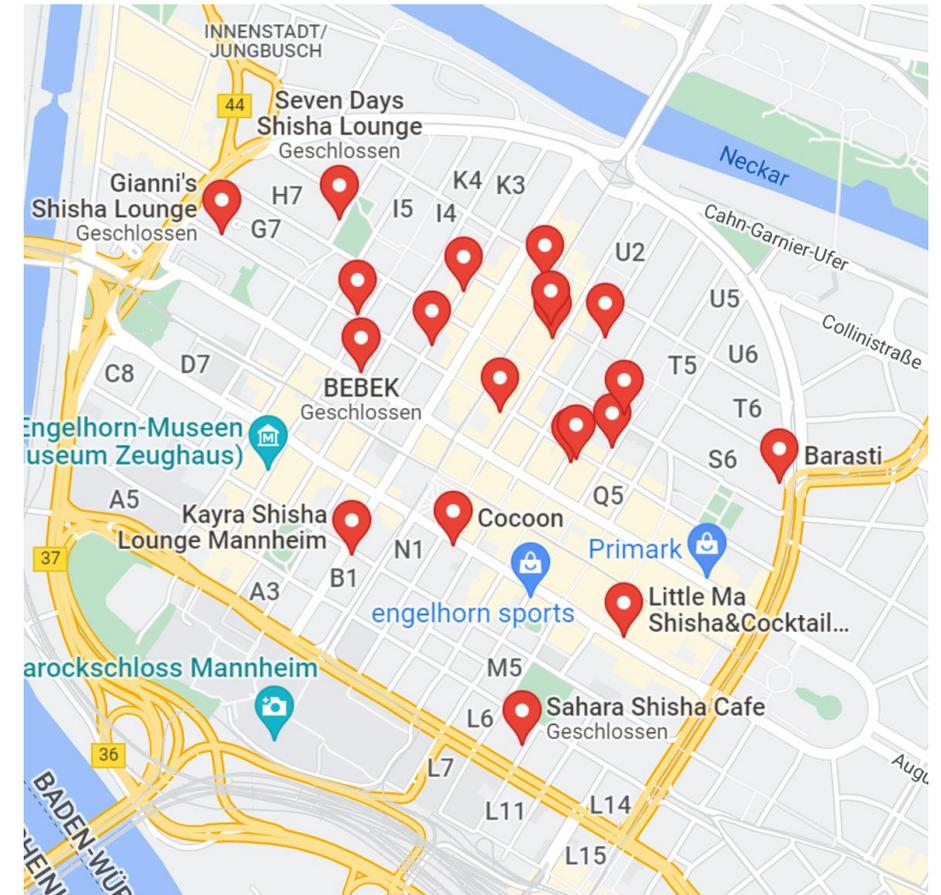
Famous musicians of Mannheim

- Mannheimer Söhne
 - Song about Mannheim: [Meine Stadt](#)
- Apache 207 (right picture)
 - E.g. “Roller”



Shisha-bars

- As you can see, there are a lot of Shisha-bars in Mannheim
- There is one Shisha-bar with an outdoor beach area right at the Neckar (OEG City Beach)



Nice Instagram Accounts

- Little Mannheim → picture on the right
- Mannheimgram
- Follow your favorites cafés, restaurants etc. for regular updates and specials
- Funk – news page for interesting information
- Katapult – maps for current or interesting subjects
- Uyenthinh – vietnamese girl living in Mannheim and presenting Germany



A baker wearing a white shirt, a dark apron, and a white face mask is working in a bakery. The baker is wearing clear plastic gloves and is holding a piece of bread wrapped in a clear plastic bag. In the foreground, there is a wicker basket filled with various types of bread, including some with white icing. The background shows a bakery counter with more bread and a price tag.

General Information about Food

[Click here](#) to get back to the overview

Typical German breakfast



- Brötchen (buns) or bread
- Butter
- Sausage (not only pork)
- Cheese (cream and sliced cheese)
- Egg (boiled, scrambled or fried)
- Jam
- Chocolate cream like Nutella
- Coffee, hot chocolate or tea
- Orange juice
- Muesli
- Maybe fruits

For example, at Café Kult or in Bakeries! 😊

Typical bread in a bakery in Mannheim

- Here are some sorts of bread you should definitely try 😊
 - Weizenbrot (wheat bread/ white bread)
 - Roggenbrot
 - Kartoffelbrot (potatoe bread, sounds weird, but it's super nice)
 - Möhrenbrot (carrot bread, special taste, not for everyone)
 - Nussbrot (nut bread, e. g. with walnuts or hazelnuts)
 - Olivenbrot (olive bread)
 - Vollkornbrot (whole grain bread, the healthiest bread)
 - Schwarzbrot (black bread, the darkest bread)
 - ...

Typical things in a bakery in Mannheim

- The things you find in a bakery can vary from region to region, here are some things you can find in Mannheim
- Try to buy bread and sweets in the bakery, not in the supermarkets (low quality)

Berliner



Puddingbrezel

Schokocroissant



Nussecke

Nusschnecke



Monnemer Dreck

- Translated “Dirt of Mannheim”, Monnemer Dreck is a macaroon pastry similar to gingerbread
- Storytime: In the 19th century, there was a penalty for throwing the collected feces of the house together with the dirt in the streets. As a reaction, a baker invented the this sweet and presented it as the “dirt”



The best icecream

- **Fontanella:**

- In Mannheim, the famous „**spaghetti icecream**“ was invented in 1969 by Dario **Fontanella** – vanille icecream (the spaghetti) with strawberry sauce (tomato sauce) and white chocolate (the cheese)
- 📍 „Planken“ (Also in the supermarkets, they sell Fontanella icecream)



- **Zeitgeist**

- Often considered as the best icecream parlour
- 📍 Lindenhof

- **Die Eisdiele**

- 📍 Schwetzingen Vorstadt

„Little Istanbul“

- Inofficially called “Little Istanbul”, you find a lot of Turkish and Arab restaurants, supermarkets and sweet shops
- Köfte, Pide, apple tea, golden jewelry, bridal fashion, ...
- Try the **baklava from Taksim**

📍 Behind the marketplace in the city center (G- and F-Quadrant)



Supermarkets in Mannheim

- Higher price category
 - Edeka
 - Rewe
- Middle price category (good price-quality ratio)
 - Lidl
 - Aldi
 - Kaufland
- Low price category
 - Netto
 - Norma
- Turkish and Arabic supermarkets
- Asian Supermarkets
- African Supermarkets
- Organic supermarkets (rather expensive)
 - Alnatura
 - Basic
 - Denn's Biomarkt

Gorillas & Flink

- Gorillas and Flink are organizations where you can order food from the supermarket, and they bring it to your home within 10 to 20 minutes
- Nice solution if you have covid for example
- Make sure to give some tip as the drivers come by bike 😊



Flaschenpost

- Flaschenpost delivers beverage crates within 2h to your door
- It is nice if you have a party or the next supermarket is too wide away to carry it
- They also take the empty beverage crates with them, so you don't have to worry for anything
- The prices are like in the supermarket



Tap Water

- As everywhere in Germany, you can drink the tap water without worrying at all
- In Mannheim, the tap water contains a lot of lime جير
 - Lime is not bad and you can drink it, but some like the taste better without lime → thus you could buy a water filter like the one on the right
 - Such a filter can also make sense to avoid of having to clean your water heater every two days
- And so that you have heard the term before:
„Sprudelwasser“ is water with gaz





Cafés

[Click here](#) to get back to the overview

Café Pfau

- Breakfast, housemade cake & lunch
- Vegan, vegetarian, regional meat
- Very cozy atmosphere

📍 Neckarstadt Ost

★ one of my personal favorites due to the cozy atmosphere 😊



Café auf Hawaii

- Healthy breakfast with a lot of variations (not typical German breakfast)
- Nice atmosphere, very popular among the students

📍 Neckarstadt Ost





Rötterdam

- Breakfast
- Housemade lunch (soups, salads, ...)
- Housemade cakes and sweets
- Winebar in the evening

📍 Neckarstadt Ost

Good to know: The name is a merge of the Dutch city “Rotterdam” and the name of the street: “Rötterstraße”

Mohrenköpfe Café

- Housemade cake & pies, sweets, and bakery products
- Mohrenköpfe is a special sweet (the name has a racist background but the owner has a statement on the website explaining his decision to keep the name for traditional reasons)
- Family bakery since 1938

📍 Neckarstadt West





Concrete

- Coffee roastery
- For coffee lovers

📍 Neckarstadt West & Jungbusch



Klokke - Café

- Housemade cake
- Bagels and brunch
- Workshops (e. g. Makramee, Forró (a brasilian dance), book club, ...)
- Events (Speed Befriending, clothes exchange, ...)

📍 Neckarstadt West

★ one of my personal favorites



الجامعة الألمانية الأردنية
German Jordanian University



Fräulein Schiller

- Breakfast (waffles, bread, cake, ...)
- Lunch (wraps, quiches, ...)
- All housemade, regional , seasonal and sustainable products
- Small café designed in vintage style
- Schiller lived a few years in Mannheim

📍 Quadrate

★ my personal favorite in the city center

Patina

- Vegan and vegetarian café (cake, coffee, tea, lemonades, ...)
- Antiques & jewelry for sell

🔑 Quadrate





Café Sammo

- There are two “Café Sammos”, both in the city center (close to A3-Bib)
- Coffee specialities (Café Mocca, Caramel Macciato, ...)
- Self-serving

📍 Quadrate



Helder & Leuwwen

- Coffee roastery
- For coffee lovers

📍 Quadrate



Café Flo

- French and European kitchen
- Breakfast, lunch, and dinner

📍 Oststadt (near Quadrate)



Snocks

- Breakfast (croissant, pancakes, banana bread, ...)
- Snacks and tapas
- Coffee, lemonades, and wine

📍 Oststadt (near Quadrate)



Café Lido

- Cozy small café with an inner courtyard
- Breakfast
- Icecream
- Winebar

📍 Schwetzingen Vorstadt

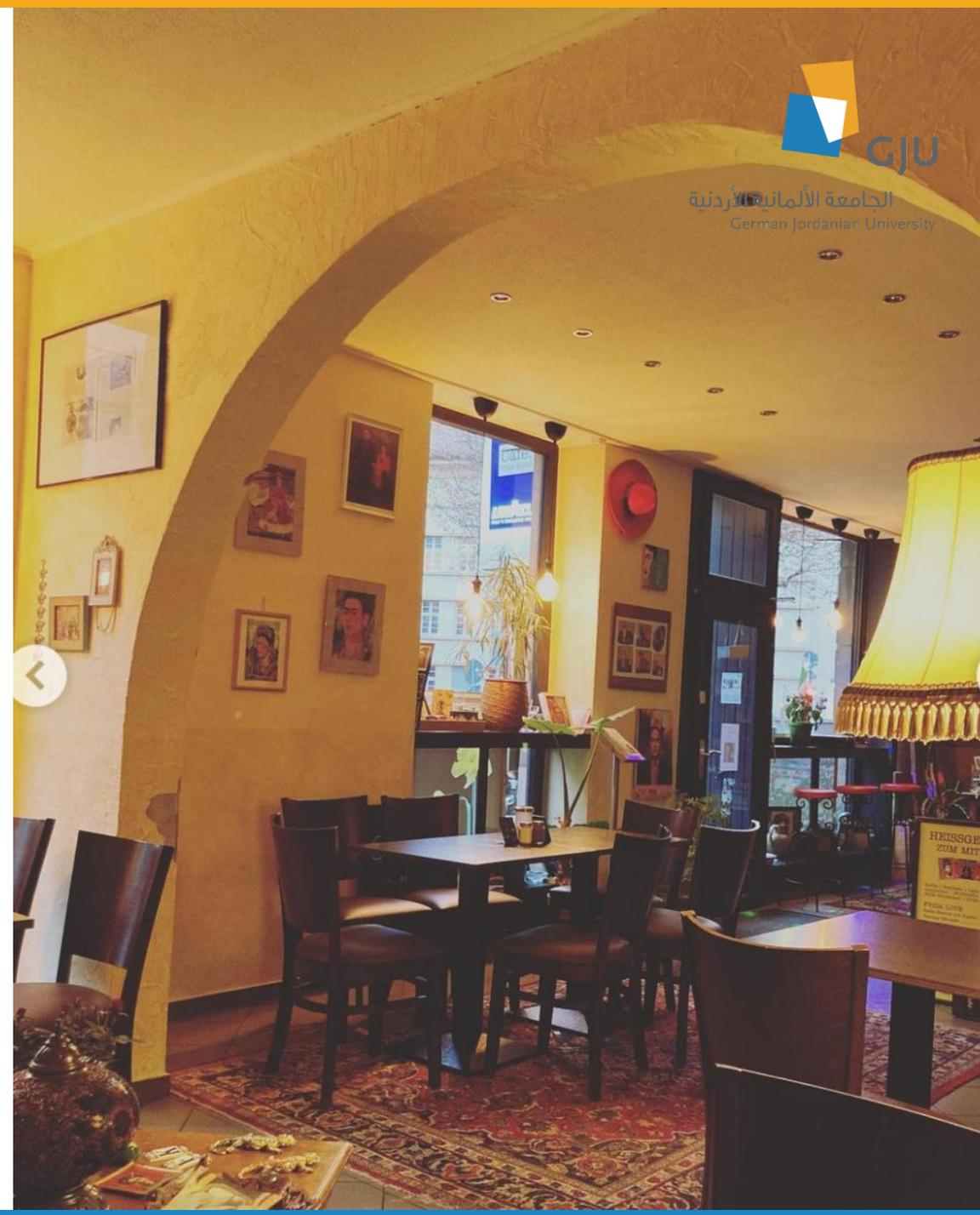
The logo for 'Lido' is the word 'Lido' written in a white, elegant cursive script on a black rectangular background.

Café Frida Kahlo

- Persian kitchen
 - Breakfast
 - Lunch and dinner (curry, stew, ...)
 - A lot of vegan food
- Music, art, good place to get to know people

📍 Schwetzingen Vorstadt

★ one of my personal favorites because of the warm personal atmosphere, the food and the nice owner 😊





Luni Mannheim

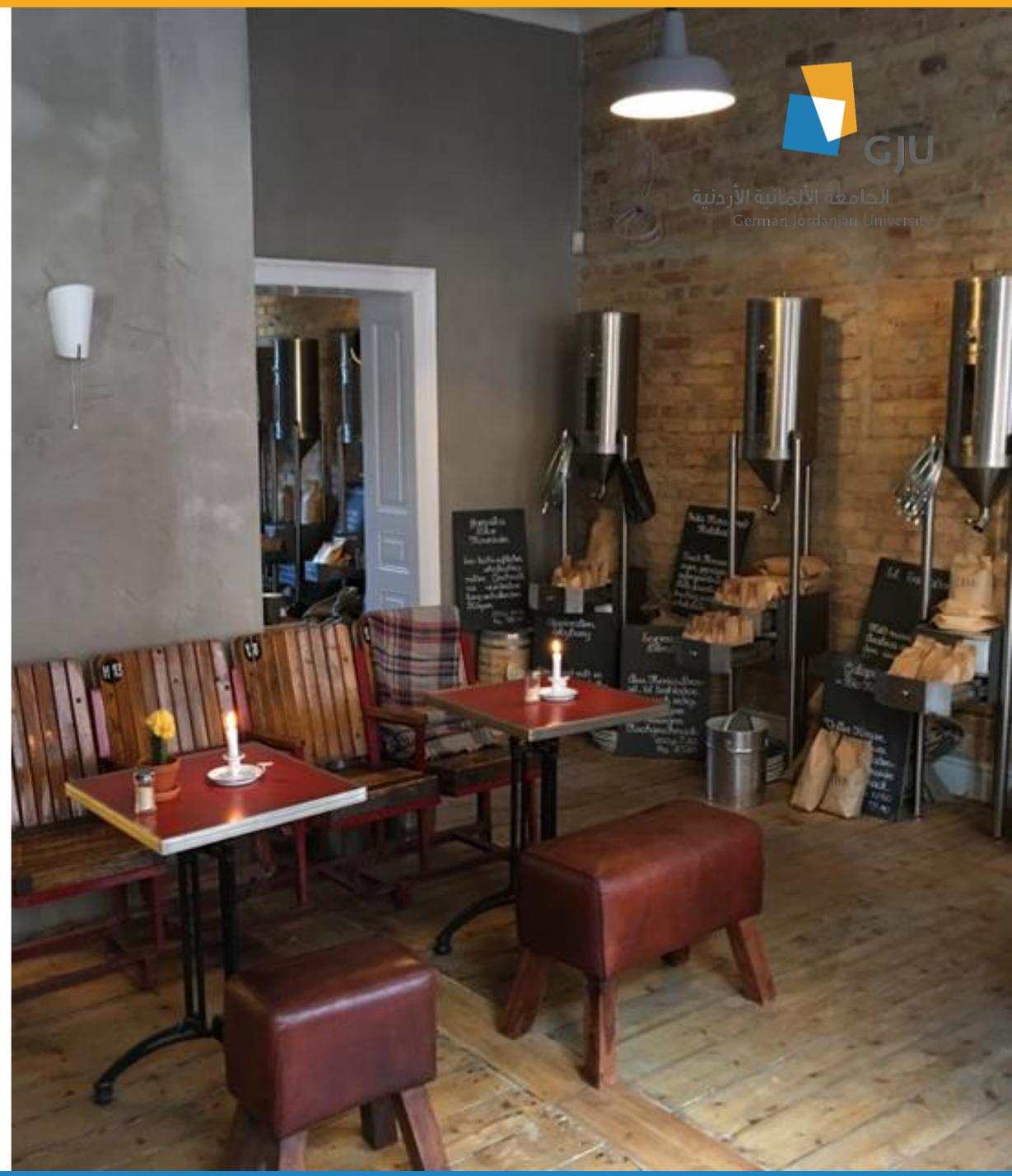
- Café, bar, restaurant
 - A lot of vegan and vegetarian food
- Showroom and makerspace (concerts, bike repair, ...)

📍 Schwetzingen Vorstadt

Café Lauri

- Coffee roastery
- Cake
- Nice atmosphere

📍 Schwetzingen Vorstadt





Café Kult

- German breakfast
- It's nice to sit outside in the sun

📍 Schwetzingen Vorstadt



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Restaurants



El Lobo Tapas Bar

- Spanish Tapas in a nice atmosphere
- 5 pm – 11:30 pm

📍 Neckarstadt Ost

Engelhorn Dachgarten

- Have a meal at the 7th floor in the middle of the city center
- You will find the name „Engelhorn a lot“ – he founded the BASF in 1865 (the biggest chemical company until today)
- 11:30 am – 10 pm

📍 Quadrate





Dunya

- **Iraqi/Syrian:** Falafel, Baba Ghanoush, Fattoush, Taboule, Sambusek, Kibbe, Iraqi Kebab, Shish Tavuk, Biryani, Kharouf Mehshi ...
- 11:30 am – 10 pm

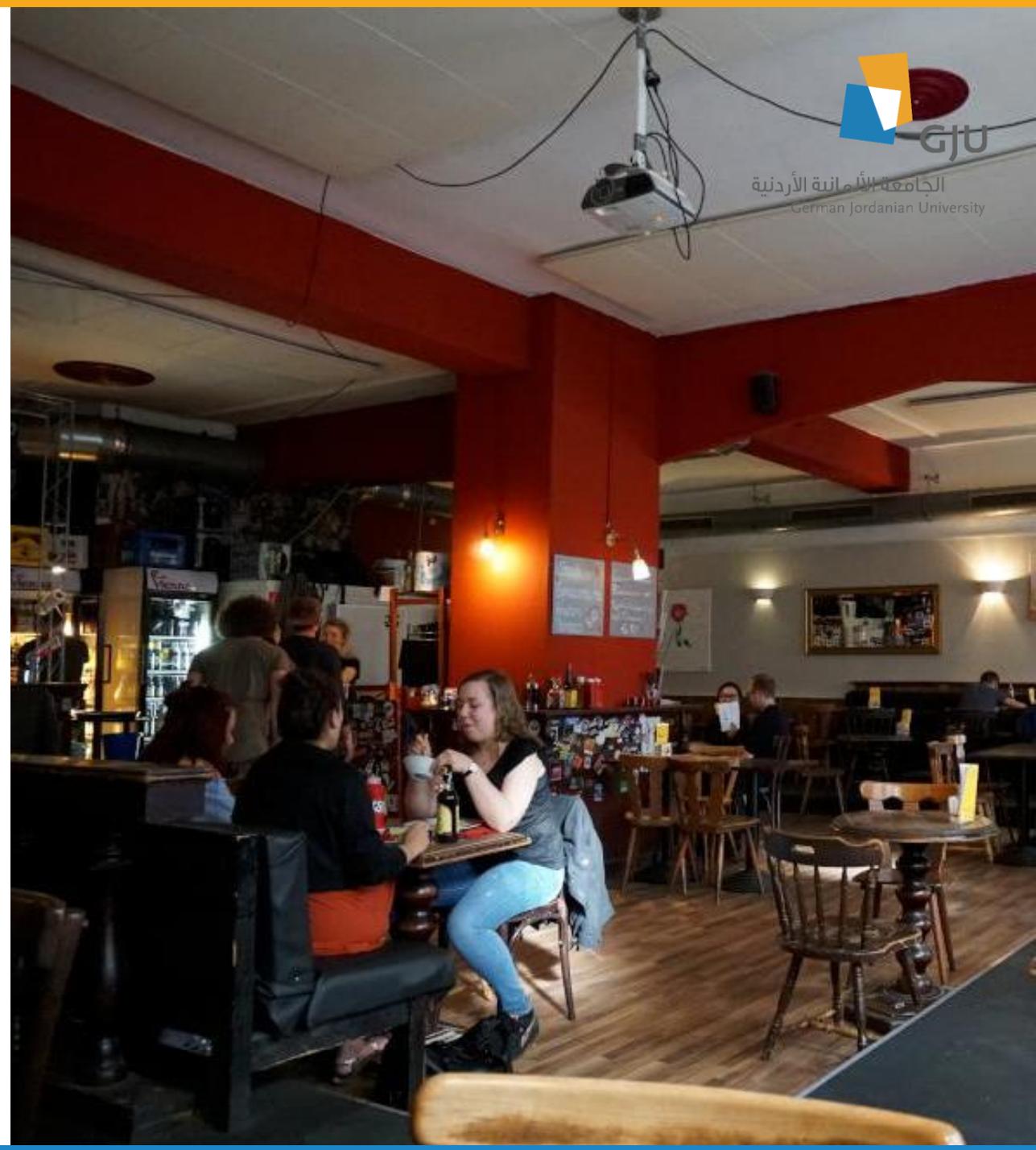
📍 Quadrate

★ one of my personal favorites because of the food :D

Café Vienna

- Small student café/ restaurant
- (Food for very low prices (burger, pasta, currywurst) – everything also vegan available)
- The Café looks like Germans imagine their student life to be (thus very authentic experience)
- 10 am – 12 pm

📍 Quadrate



Mémoires d'Indochine

- Vietnames-Lao food with French influence
- 11:30 am – 8 pm

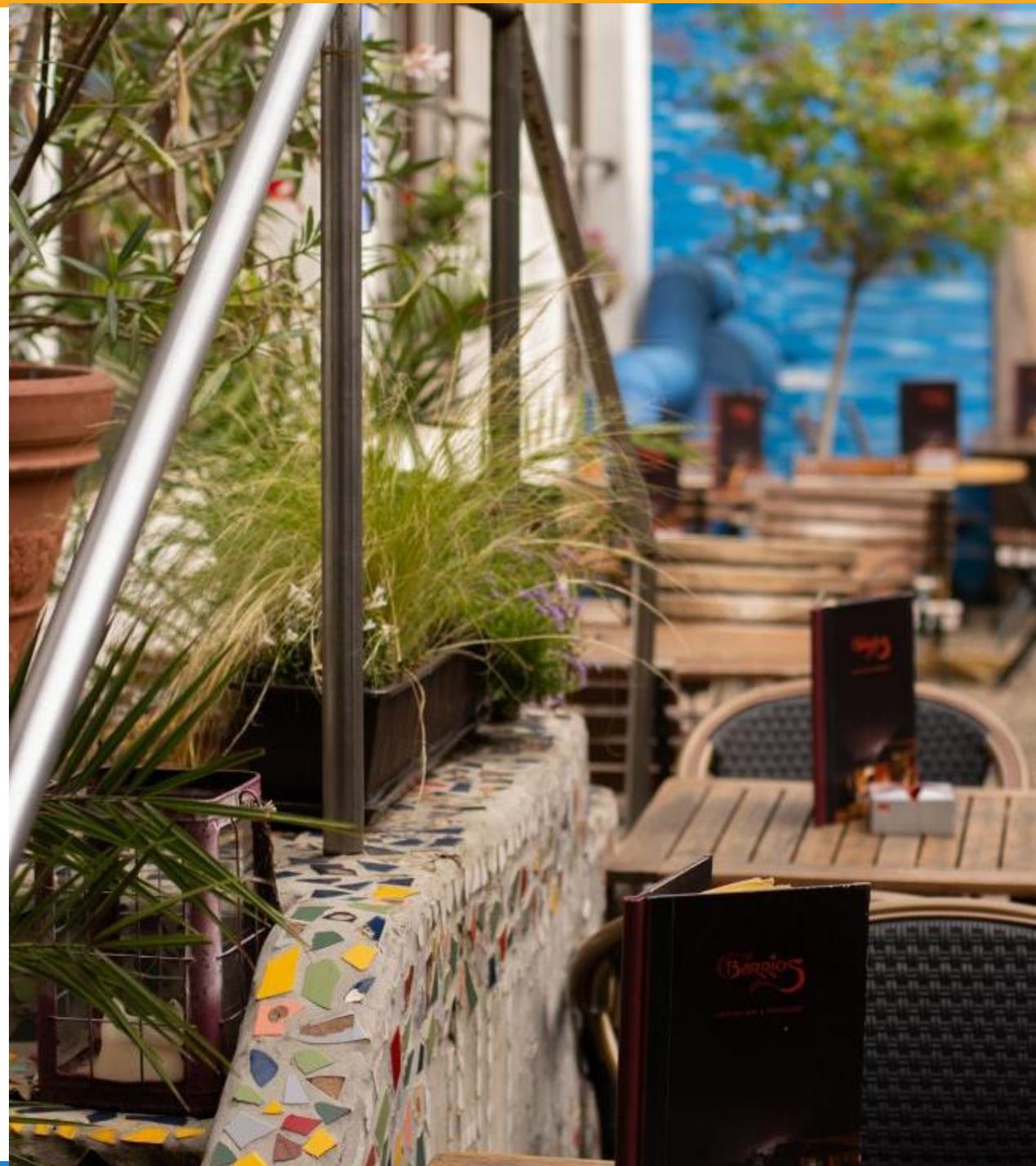
📍 Quadrate



Barrios

- **Mexican Food:** Tapas, Chili con Carne, Nachos, Salads, Fish, Burritos, Quesadillas, Fajitas, ...
- Monday and Tuesday you get 2 cocktails when ordering one (“Double-Time for Cockatils”)
- 5 pm – 1 am

📍 Quadrate





Senju

- Japanese food
- 11 am – 3 pm

📍 Quadrate

Azteca Mexiana

- Mexican food
- 11:30 am – 11 pm

📍 Quadrate





Little India

- Indian Food (cheapest one in Mannheim)
- Good for ordering at home or for take-away
- 11:30 am – 2:30 pm & 5 pm – 10 pm

📍 Quadrate

★ one of my personal favorites because of the food :D

Vapiano

- Italian food (pasta, pizza, risotto, ...)
- Self-serving
- 11 am – 10 pm

📍 Quadrate



Zentrale

- Different but also typical German food
 - Breakfast, salads, try **Flammkuchen**, pizza
 - German food: Toast Hawaii (pork), currywurst, "Kartoffelpuffer", Schnitzel and cordon bleu (often pork) Maultaschen, Fleischkäse (pork), Geschnetzeltes
- 10 am – 12 pm

📍 Quadrate

★ one of my personal favorites



Le Toulonnais

- At “Le Toulonnais” you can find the best sandwiches and baguettes in Mannheim for cheap prices

📍 Quadrate





Lenok's Burger

- One of the best burger stores
- Self-serving
- 11 am – 10 pm

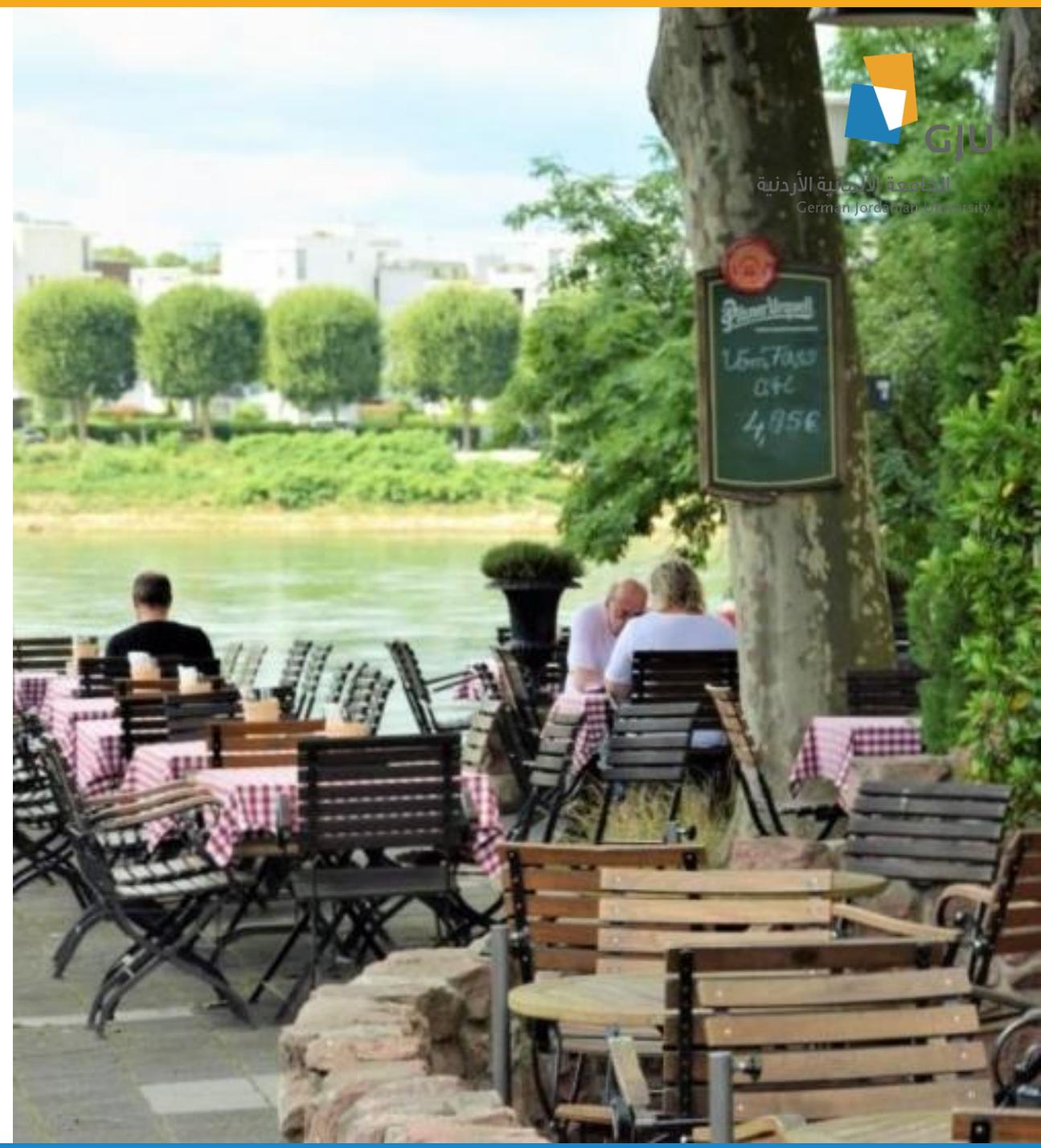
📍 Quadrate (one near train station and one in the middle of the Quadrate)

★ one of my personal favorites

Rheinterrassen Gasthaus am Fluss

- Enjoy the view on the rhine and Ludwigshafen on the other side
- Traditional German kitchen

📍 Lindenhof/ Innenstadt





Hans im Glück

- Burger chain (Hans im Glück in the south of Germany, Peter Pan in the north of Germany)
- 11:30 am – 10:30 pm

📍 Lindenhof

★ one of my personal favorites for burgers because the meat is very good

Mima Peru

- Peruvian food
- 5:30 pm – 11 pm

📍 Jungbusch





Kombüse

- Very good vegan and vegetarian kitchen
- Burger, Falafel, Wraps, Mexican Food, Salads, Bowls
- 11 am – 11 pm

📍 Jungbusch

★ one of my personal favorites because of the good and cheap food

L'Osteria

- Pizza Chain
- Know for big pizzas (you can even choose two sorts of pizza for one)
- 11:30 am – 11 pm

📍 Oststadt (near Wasserturm)





Fernmeldeturm

- Enjoy the view in 125m
- The restaurant “Skyline” in the tower rotated around its own axis in one hour
- It is quite expensive but worth to try it once 😊
- 12 am – 10 pm

📍 Oststadt

Le's Sushi Bar

- Sushi
- 5 pm – 10 pm

📍 Schwetzingen Vorstadt



Hanoi Pho

- Vietnamese food
- 11 am – 9 pm

📍 Schwetzingen Vorstadt (near Quadrate)



Bep of Home

- Vietnames food
- 11:30 am – 8 pm

📍 Schwetzingen Vortstadt

★ one of my personal favorites –
best asian food in Mannheim



Afrika

- Diverse African food
- Try African beer and drinks
- Nice ambience
- 5 pm – 12 pm

📍 Schwetzingen Vorstadt



Lieferando

- Lieferando is the German “Talabat”
- Unfortunately, Lieferando has rather bad working conditions and takes provision from the restaurants everytime you order through their application → **if possible, try to order directly at the restaurants** (website or phone) to support them (they often have an own delivery service)



The background image shows a cable-stayed bridge with a central pylon and multiple stay cables. The bridge deck has a red railing. In the background, there are modern high-rise buildings and trees with autumn foliage under a blue sky with scattered clouds. The image is framed by white geometric shapes.

What to do and see in and around Mannheim

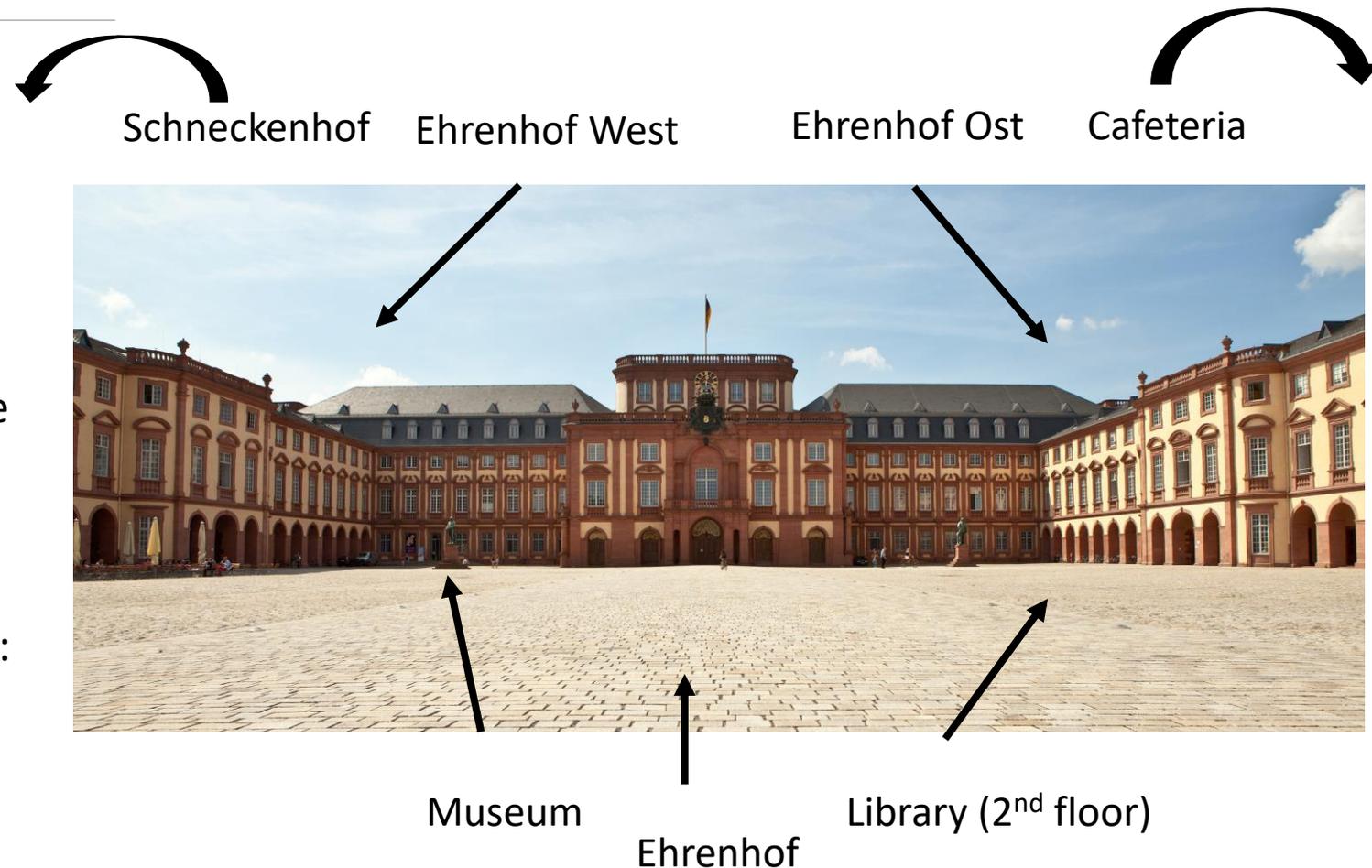
[Click here](#) to get back to the overview

Free Walking Tours

- Like in most European cities and also Amman, there are free walking tours
- A guide is showing you around the city for free
- It would be nice to give some tip if you liked the tour (3-5€)

Mannheimer Schloss

- The Mannheim Palace is a Baroque palace build in the 18th century
 - 2nd biggest Baroque palace in Europe after Versailles
- The Palace is the central building of the University of Mannheim (like the main library)
- Under the Ehrenhof, there is a bunker from World War 2
- There is a museum to visit (students: 4,50€ with audio guide)



Fernmeldeturm

- The Fernmeldeturm is a landmark of Mannheim
- Upstairs, there is also a restaurant or you can just take the lift to enjoy the view

📍 Oststadt





Wasserturm

- The Water Tower is one of the landmarks of Mannheim
- It was built at the end of the 19th century – before that, the water supply has been a big problems over centuries
- It is no longer used as there is a higher located water tower now
- In the evening, the water fountains are colorful lighted and the park is a nice place to walk or relax

 Oststadt/ Quadrate

Oberer Luisenpark

- It's the biggest park complex in Mannheim located at the Neckar
- You find trees and flowers of all sorts and an integrated zoo (butterfly house, penguins, flamingos, turtles, ...) and Chinese tea house
- Students: 5,50€
- For an additional charge, you can also use a tram driving around the park or do a Gondoletta ride
- Definitely a must-see!

 Oststadt





Unterer Luisenpark

- The Lower Luisenpark is for free and a nice area for chilling, jogging, yoga, slacklining, ...
- There is a running track, an exercise trail and an calisthenics area in the park and some sport from the university takes place there (“Sport im Park”)

 Oststadt

Kunsthalle



- The Kunsthalle is a museum of modern and contemporary art
- Regular price for students: 10€
- Annual pass for students: 12€
- The first Wednesday of each month, the entrance is free from 6 - 10 pm



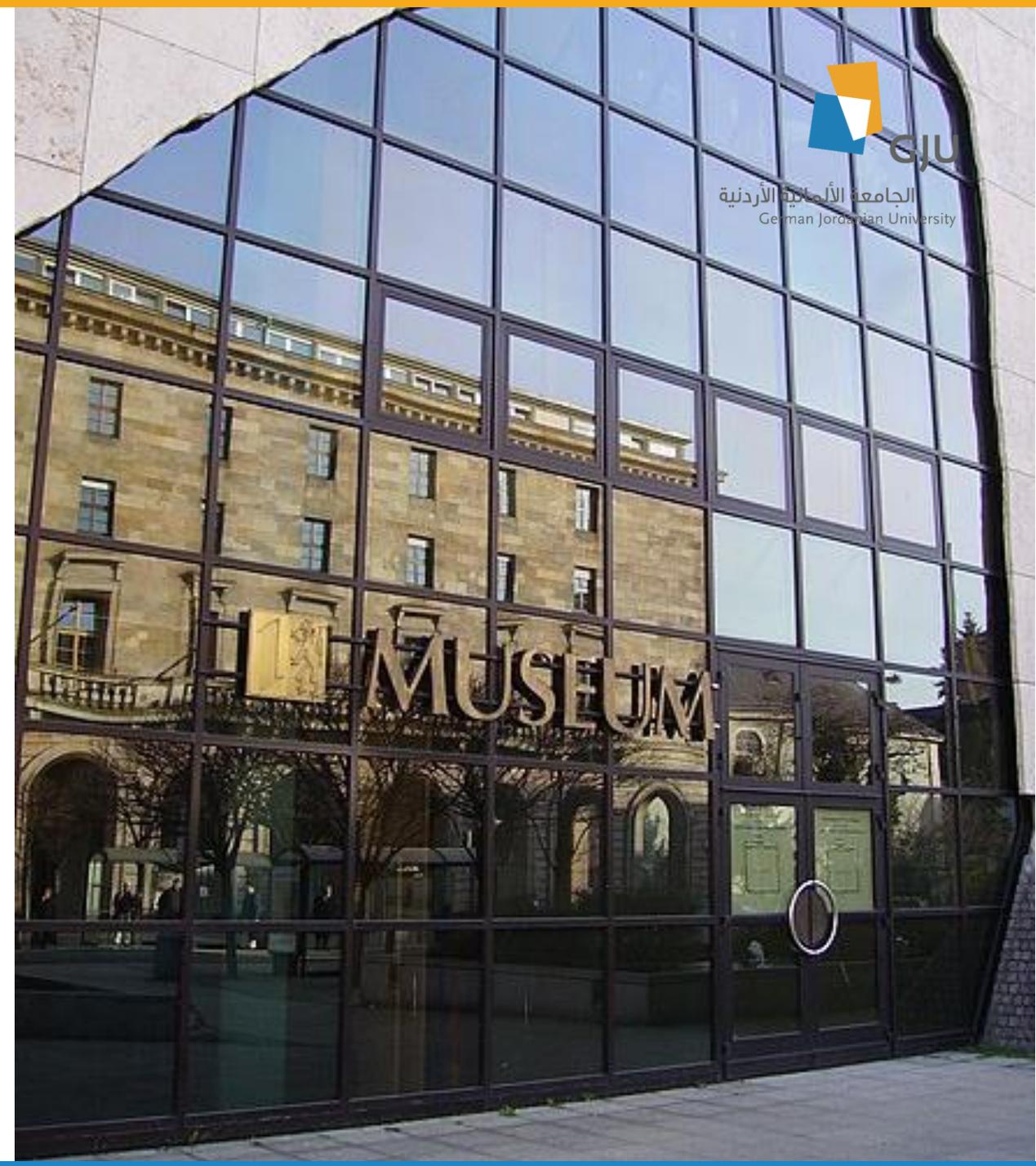
Technoseum

- The Technoseum is a museum for technology and work, displaying the beginning of the industrial revolution until today
- There is a locomotive running trough the museum and the small park behind the museum
- Students: 6€
- Even if you do not want to visit the museum, the park behind is worth talking a walk



Reiss Engelhorn Museum

- The Reiss-Engelhorn-Museum exhibits archaeology, history of art, culture, theater, music and photography
- It contains four parts:
 - Zeughaus Museum with a photography Forum
 - World Cultures Museum
 - Bassermannhaus Museum
 - Schillerhaus Museum



Planetarium



- The first planetarium was built in 1927 as one of the first planetariums worldwide – but destroyed during World War 2
- The current planetarium is a rebuild of the original one (built in 1984)
- They have different programs for presenting black holes, the moon, planets, time travel, ...
- Sometimes there are special programs like Pink Floyd or Queen
- Students: 7€

📍 Schwetzingen Vorstadt/ Oststadt

Capitol

- Musicals and music theaters
- Comedy and cabaret
- Concerts
- A Capella
- Own productions (musicals over Mannheim, ...)

📍 Neckarstadt



Alte Feuerwache

- Event hall
- The Alte Feuerwache is beautifully located in the Neckarstadt directly beside the Neckar
- In the event hall, there are regular concerts, poetry slams, parties,

📍 Neckarstadt



Freilichtbühne & Zimmertheater

- Open-air theater and room theatre

📍 Gartenstadt (north of Neckartsadt)





Nationaltheater

- The Nationaltheater is one of the oldest theaters in Germany (Schillers first major drama (The Robbers – Die Räuber) had its inaugural performance at the Nationaltheater in 1782
- It contains of three parts
 - **Opera House** for opera, operetta and ballet
 - **Schauspielhaus** for chamber music and theatre
 - **Schnawwl** for youth and children's theater
- For 6€, you can enjoy **the theater sneak** – the show is a surprise until the evening

📍 Oststadt/ Quadrate

Improtheater

- Improtheater is a form of theater, where the scenes are not staged, but spontaneous
- Often, imprtheater is interactive and thus picks up propositions from the audience
- They also offer workshops





Cinema

- There are further cinemas: Odeon, Atlantis Cinemaxx, Cineplex
- You can find the current program online
- Every Monday and Sunday at Cinemaxx, there is a sneak preview – let you surprise by a movie that it not yet published

 Quadrate

Gleamgold

- Indoor miniature golf under black light
- 17 courses
- Student: 7€

📍 Käfertal (north of Neckarstadt)





Käfertaler Wald

- The forest of Käfertal is one of the nicest places to spend time by feet or bike
- Near the Karlstern is an animal enclosure with boars, bison, and deer and there is an aviary with different birds and owls
- In the middle of the forest is a small lake
- Everything for free
- There are regular hiking tours to explore herbs in the forest

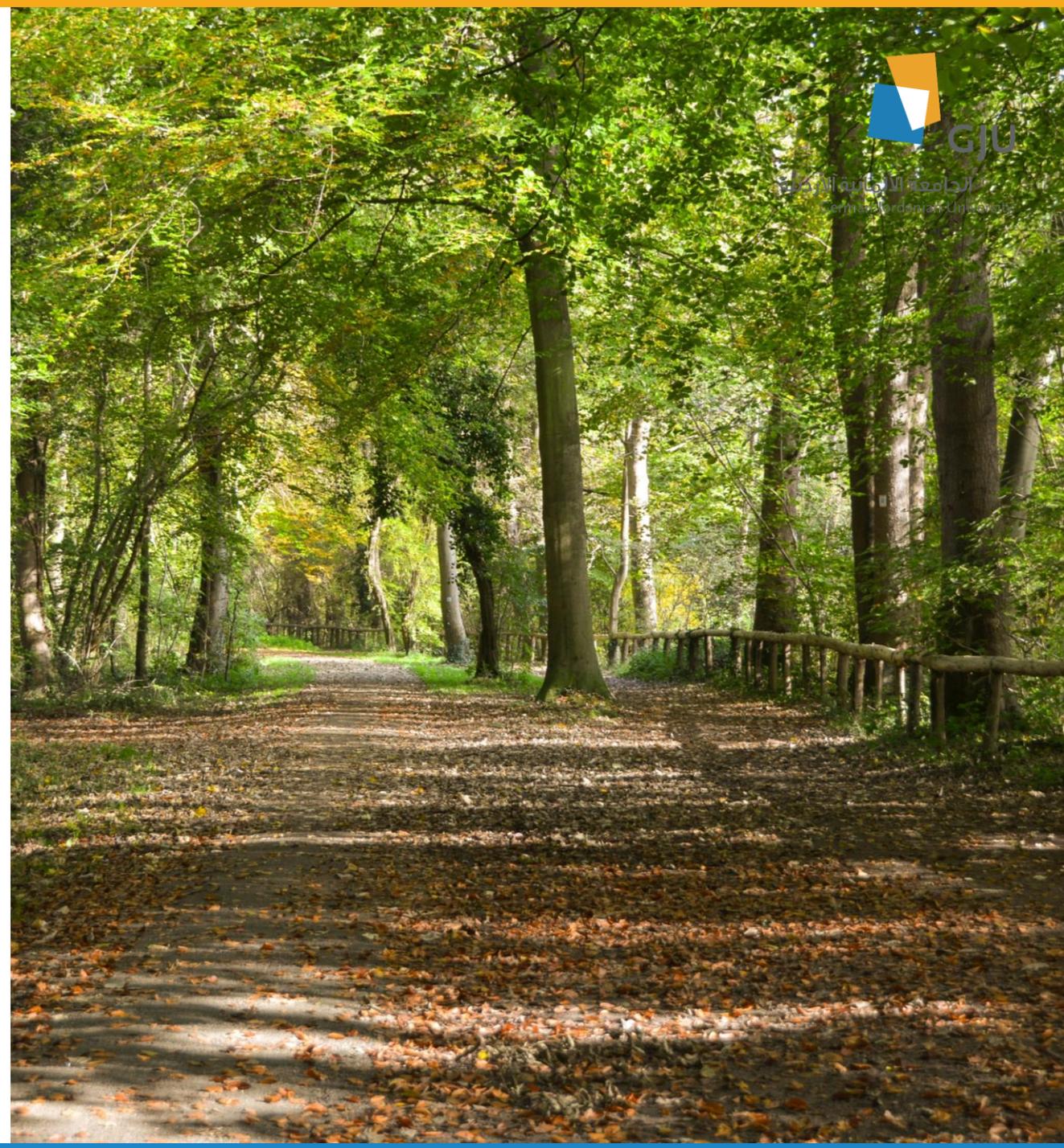
📍 Käfertal (north of Neckarstadt)

★ one of my favorite places

Reißinsel (Waldpark)

- The Reißinsel (forest park) is one of the most beautiful places to walk around in Mannheim
- Located at the Rhine, the calm and nice atmosphere of this nature reserve invites for walks or enjoying a book

📍 Neckarau/ Almenhof/ Niederfeld



Strandbad

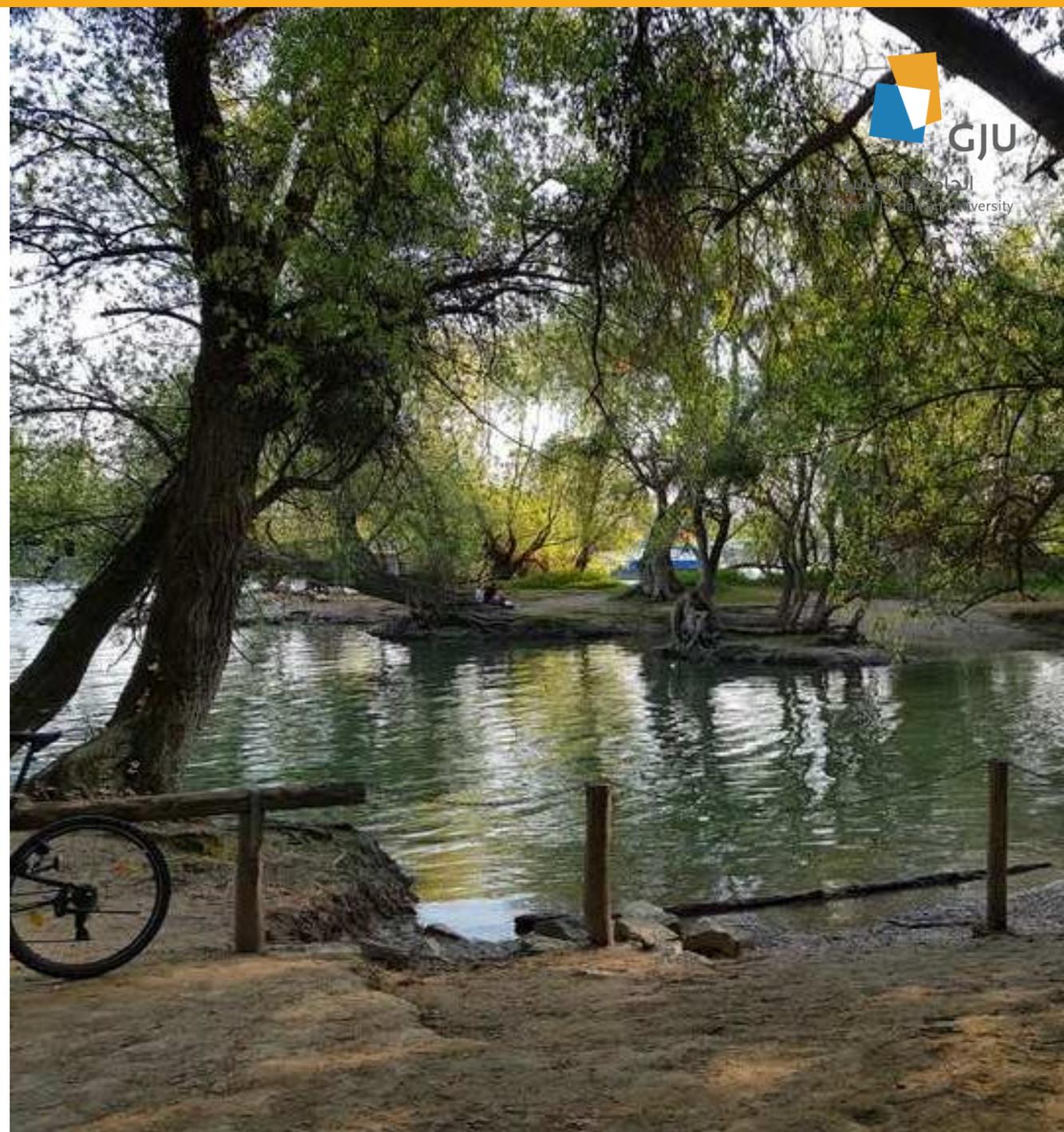
- The Strandbad is a nice location to relax, picknick, read a book, play badminton etc.
- Swimming is not allowed due to the dangerous stream of the river
- There is a small restaurant where you can enjoy coffee or pizza etc.

📍 Neckarau/ Almenhof/ Niederfeld

Silberpappel

- The Silberpappel is a place at the Rhine in a small forest near the Strandbad (15 min by feet)
- In summer, people also go swimming there or take a nice walk through the forest
- You can easily go there by bike, it's worth it

📍 Neckarau/ Almenhof/ Niederfeld



Stellenwörther Weiher



- The Stellenwörter Weiher is a lake for swimming with lifeguards
- There is a beach-volleyball field, table tennis and a boule area
- Entrance: 3,50€

📍 Neckarau/ Almenhof/ Niederfeld

Rheinauer See

- The Rheinauer Lake offers a lot of activities
 - Standup paddeling
 - Waterski
 - Barbecue
 - Swimming
 - Water trampoline

📍 Rheinau (south of Neckarau, ...)





Vogelstang See

- There is an upper and a lower lake, both very nice to take a walk around
- You can also swim in the lower lake
- There is a tram stop nearby
- For free

📍 Vogelstang (near Neckarstadt)

Neckarwiesen

- The neckar meadow is a favorite spot for football, relaxing, BBQ or walks
- You can also take longer hikes or bike rides in the direction of Heidelberg and enjoy the beauty of the Neckar



ALTER

- The ALTER is a public area with free cultural and sport activities and a kiosk
- There is a pumptrack, a basketball place, table tennis – free rental of the equipment (skateboards, football, basketball, table tennis rackets) against a deposit
- Free tools for bike repair
- Regular events

 Neckarstadt

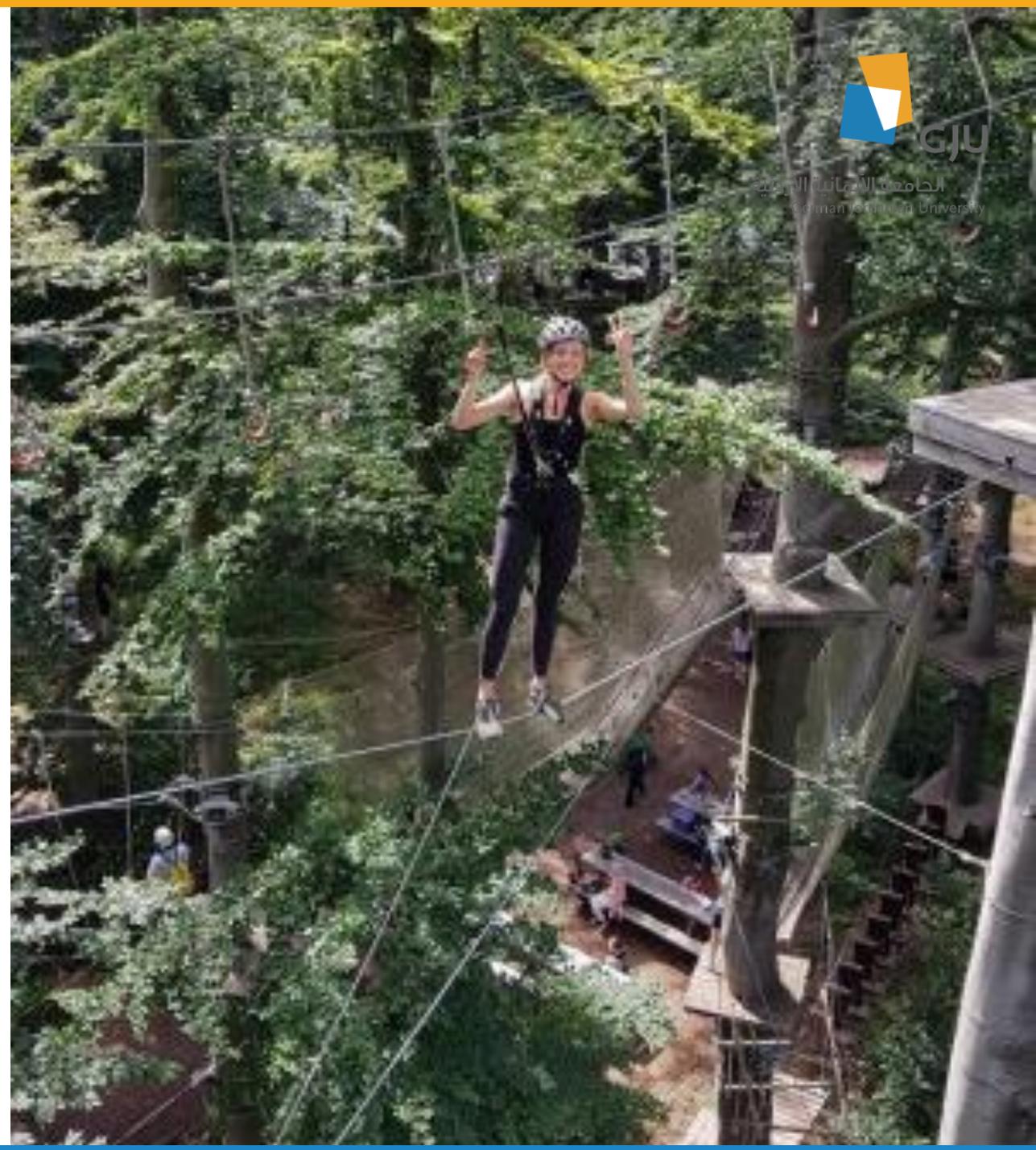


Kletterwald Viernheim

- In the forest, there are 12 routes to climb at different difficulty levels
- After a check of the equipment that you get there, you get a short safety instruction, afterwards you can climb by yourself
- 3 hours – 13,90€ (definitely worth it)

📍 Weinheim

★ one of my favorite places



SAP Arena

- Big event hall with regular events going on, matches, concerts, ... (see next slides)
- 10-20 min by tram
- Check out the website

📍 Neuhemsheim (20 min from Quadrate)



Rhein-Neckar-Löwen

- The Rhein-Neckar Löwen is a handball club playing in the German Handball-league and the EHF European League
- The matches take place in the SAP Arena
- A ticket for students: 8-34€





Adler Mannheim

- The Adler Mannheim are an ice hockey team of the highest ice hockey league in Germany
- The matches take place in the SAP Arena, 10-20 min by tram
- A ticket for students: 14-28€



SV Waldhof 07

- The SV Waldhof Mannheim is a multi-sports club and most known for its **football team** playing in the **3. Bundesliga** of Germany
- The matches take place in the Carl Benz stadium
- Student: from 15€ on

📍 Oststadt



Miramar

- Swimming pool
- Sauna
- Salt thermal bath
- Note: sometimes there are FKK-times where you have to be naked
- Swimming pool: 16 – 25€ (therme and sauna additional charge)

📍 Weinheim



الجامعة الألمانية الأردنية
German Jordanian University



Therme Sinsheim

- Palmparadise (swimming pool)
- Therme & sauna
- Sports pool
- Every 1st and 3rd Friday of the month is FKK – you have to be naked
- Prices: around 20€

📍 Sinsheim

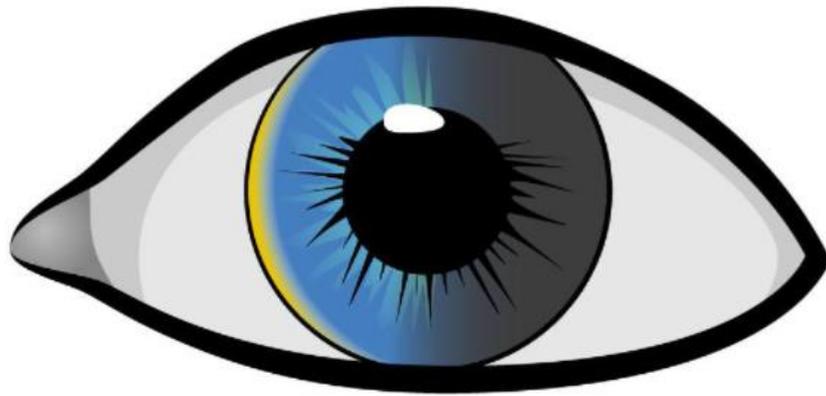
Open Air/ Car Cinema

- The cinema “Kinopolis” Viernheim offers open-air cinema as well as car cinema (car watch festival)

📍 Viernheim



Dinner in the dark



REALBLIND

- “The RealBlind” In Gernsheim, 20 min by train
- Every Wednesday and Saturday
- You will eat dinner in a complete dark restaurant where you won’t be able to see anything
- The server and cook is blind and thus you see his life “through his eyes” for a few hours
- 42,50€ per person or watch out for the offer of [“Groupon.de”](https://www.groupon.de) (60€ for two persons)

📍 Gernsheim

Shopping

- There are a lot of **shopping possibilities** in Mannheim, especially on the “Planken” (H&M, Bershka, Zara, Engelhorn, Zalando-Outlet, Q6Q7, ...)
- There are also some **second-hand shops** for clothes (Oxfam, ...) or even furniture, books etc. (Markthaus, Fairkauf, ...)
- In the neighborhoods, there are sometimes so-called “**Hof-Flohmärkte**”, these are private second-hand markets organized by the neighborhood (<https://www.hofflohmaerkte.de/mannheim/>)
- You could also take the tram right over the bridge to Ludwigshafen and enjoy the shopping possibilities in the “**Rheingalerie**”



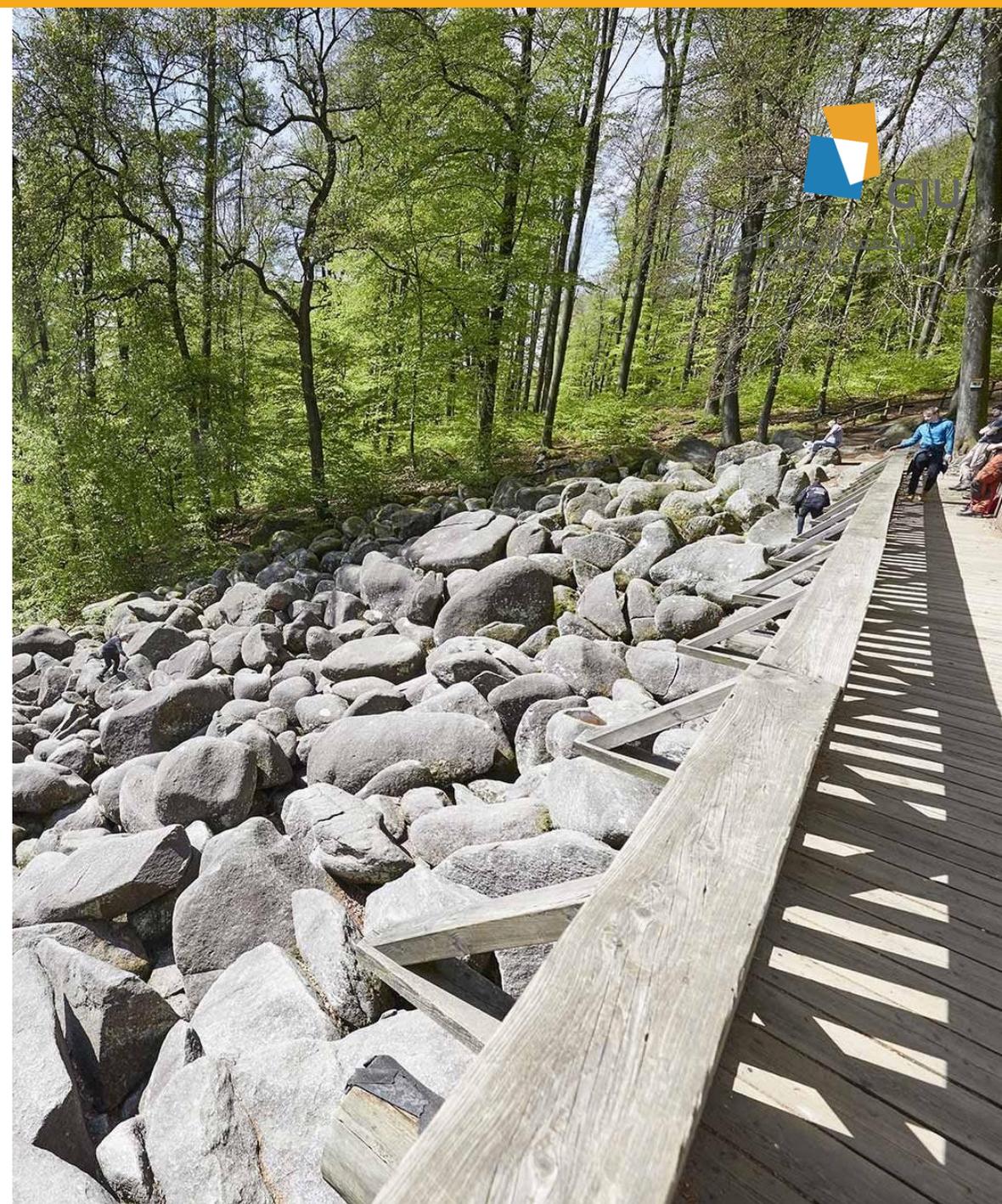


Biking

- From Mannheim to Heidelberg there is a nice bike path leading through small beautiful villages like Ladenburg – you can stop, enjoy the riverside of the Neckar and have an ice cream
- The most famous routes are: Neckartalweg, Velaroute Rhein (Mannheim – Speyer or Worms), Schillerroute, Draisroute (follow the steps of the inventor of the bicycle), The-castle-route (Mannheim, Heidelberg, Schwetzingen)
- More information [here](#)

Hiking

- There are also a lot of nice hiking tours for all levels near Mannheim or in the “**Odenwald**” – for example the “**Spätschlucht**” (canyon) in Schriesheim, the **Felsenmeer**, exploring in the castles in Weinheim or the “**Königstuhl**” in Heidelberg
- Wine hikes at the Moselle are also nice
- A very helpful application to find tours and to track your route is “Kamoot”





Kanu/ Kajak

- One nice tour leads from Schlierbach to Mannheim-Freudenheim (6-7 h)
- Good providers
 - Outdoor Neckar-Odenwald
 - WSV Brühl

Alpakawanderung

- Take a walk with an Alpaca in Heidelberg
- 90 min. – 22€ (15€ if you share one Alpaca)



Freizeitparks



- Holiday Park (30 min by car)
- Europapark (2h by car)
- Phantasialand (2h by car)

- Entrance: 50 – 60€

Events throughout the year

- February: Karneval
- March: Medieval market Herzogenriedpark Mannheim
- April: Time Warp (techno music festival)
- Mai: City festival Mannheim (cultural events, music, food, ...)
Mannemer Mess – rides, food, rollercoasters
- June: Schillertage festival at the Nationaltheater
Wine festivals in the surrounding villages
camping festival Rhein-Neckar (rock and pop music)
- October: Oktoberfest
Mannemer Mess – rides, food, rollercoaster
Mannheimer Nachtwandel in Jungbusch (music, art, food, ...)
Beginning of Iceskating season
- November: Christmas Market (Lumumba, Glühwein, ...)
International Film Festival
Lichtmeile in Neckarstadt (music and art festival)

More information

- More information: [visit-Mannheim.de](https://www.visit-mannheim.de)
- For example, the BUGA (Bundesgartenschau – federal garden show takes place in Mannheim in 2023)



GÄSTEFÜHRER*INNEN GESUCHT
Sie sind begeistert von Mannheim, von den Sehenswürdigkeiten und kulturellen Angeboten der Stadt? Dann teilen Sie Ihre Begeisterung mit unseren Besucher*innen. Werden Sie Gästeführer*in in Mannheim!



A large background image showing a vibrant nighttime street scene. On the left, a cobblestone path is lined with trees and a wooden fence. On the right, an outdoor cafe or bar has several tables and chairs. Two people are seated at a table, and the scene is illuminated by warm, colorful lights in shades of red, orange, and blue. The image is partially framed by white, angular shapes that create a modern, layered effect.

Bars, Chilling & Nightlife

[Click here](#) to get back to the overview

Kiosk

- Mix of café and bar
- Nice outdoor area
- Regular live-music
- Cake and snacks
- Cocktails to go

📍 Neckarstadt-West



Alte Feuerwache

- Next to the event hall, there is a bar
- In the summer, you can also sit outside
- Every Monday, there is **live jazz** from 9 pm on

📍 Neckarstadt (near Quadrate)



Neckarstrand

- Beautifully located at the Neckar
- Enjoy the sunset
- Cocktails (also alcoholfree)

📍 Quadrate (at the Neckar)



Kombinat - Bar

- Weekly events
 - Monday: table football
 - Tuesday: pub quiz
 - Wednesday: bingo evening
- 6 pm – 3 am

📍 Quadrate

★ one of my personal favorites because of the weekly pub quiz



Clubs

📍 Quadrate

- Cubes – charts
- Soho – alternative music
- Tiffany (“Tiffs”) – charts
- Zimmer – mainstream music
- Disco 2 – electro music
- Chaplin – charts

📍 Neckarau

- MS Connexion Complex – electro music



Schneckenhof

- Schneckenhof-Parties are open-air parties organized by the students of the University of Mannheim each Thursday
- They take place in one of the courts (Schneckenhof) of the castle of Mannheim
- 9 pm – 1 am and afterparty in the clubs

📍 Quadrate



Jungbusch in general

- There are a lot of bars in the Jungbuschstraße (craftbeer, wine, gin ...) like Nelsons, Onkel Otto, Taproom, ...
- Go there on Thursday, Friday or Saturday and enjoy the ambience
- You can also buy the “Mannheimer Kneipenquartett” (12€) – Quartett is a card game and this card set gives you a discount on the bars of this Quartett

📍 Jungbusch





Ihro - Bar

- Cocktail bar – they mix individual cocktails for you (also alcoholfree)
- Minimalistic design

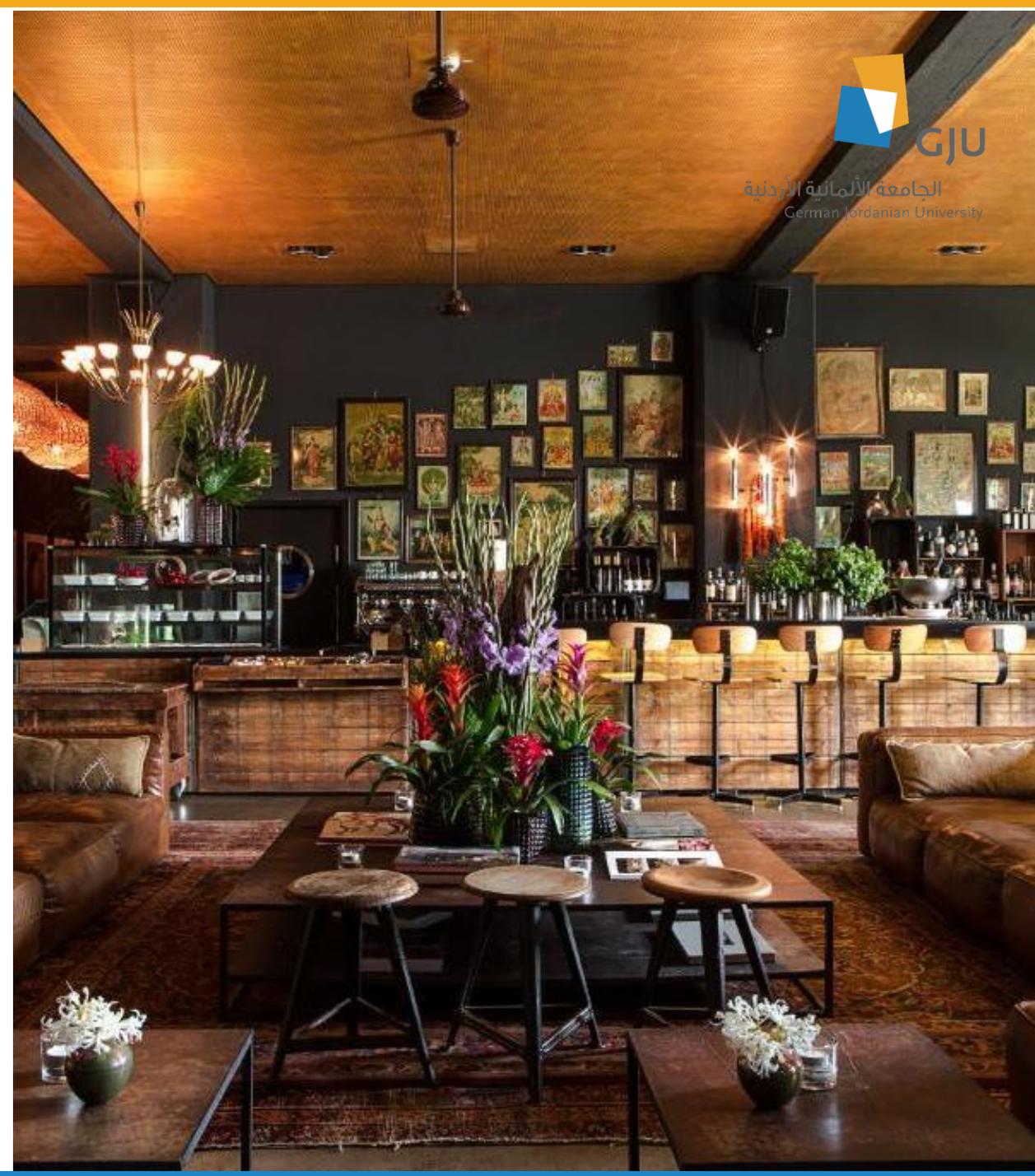
📍 Jungbusch

★ one of my personal favorites because of personal cocktails you can't find somewhere else and the nice service

Speicher 7 - Bar

- Expensive hotel bar, but very nice ambience
- Outdoor-area directly located on the Rhein with view on Ludwigshafen

📍 Quadrat/ Jungbusch (at the harbor)





Kulturbrücken

- Stage for non-mainstream artists
- Events to build a bridge between cultures and to get together human
- Jazz jam-sessions, cooking sessions, tours around Mannheim, bluesrock, musicians from around the world (Swedish, African, ...)

📍 Jungbusch

★ one of my personal favorites

Hafen 49

- Open-air disco (three floors) and outdoor-bar with beach-atmosphere at the Mannheim harbor
- Music: House, Techno, Electro
- Each year: Hafenfestival (2 days of party)
- Summer jazz open-air sessions
- Open every weekend (if there is good weather)

📍 Jungbusch



Hallo 02 - Disco

- Different program and events
- Concerts
- Nice regular event: “Party des Jahrzehnts” – century party (every hour another century oof music – 80s, 90s, ...)

 Heidelberg

A photograph of a large crowd of people at a disco event in Halle 02. The scene is dimly lit with blue and purple stage lights. In the background, there is a stage with a large screen displaying the Halle 02 logo and name. The logo consists of a white house-like shape with a diagonal line, followed by the text 'halle02' in a bold, lowercase sans-serif font.

 halle02

Die „Untere“

- The “Untere Straße” (or known as “Die Untere”) is a pub street in Heidelberg
- Enjoy the relaxing atmosphere and stroll around between the pubs and bars

📍 Heidelberg





City trips

[Click here](#) to get back to the overview

Heidelberg

- 20 min by train
- Visit the castle (maybe with the cable railway) and enjoy the view
- Do the “Philosopher’s Walk”
- Walk over the old bridge
- Stroll through the old city center, eat traditional food in one of the “Brauhaus” restaurants and enjoy the shopping possibilities
- Visit the zoo Heidelberg
- Visit the “Körperwelten”-Museum and enjoy the fascination of the human body





Speyer

- 30 min by train
- Visit the cathedrale
- Go in the technical museum
- There is a “sea life” center in Speyer – large aquariums
- Stroll around and detect the old city gate, the Maximilian street and the medieval ritual bath (Mikveh)

Worms

- 20 min by train
- Visit the Worms Cathedrale St. Peter
- Worms was called “Jerusalem at the Rhine” - you can detect the synagogue or the Jewish Cemetery Holy Sand
- Visit the Nibelungen Bridge (picture) and the Nibelungen museum to discover more of the Nibelungen saga
- You can also visit the “Silbersee”, a beautiful lake nearby
- Visit the Tiergarten of Worms (Worms Zoo)



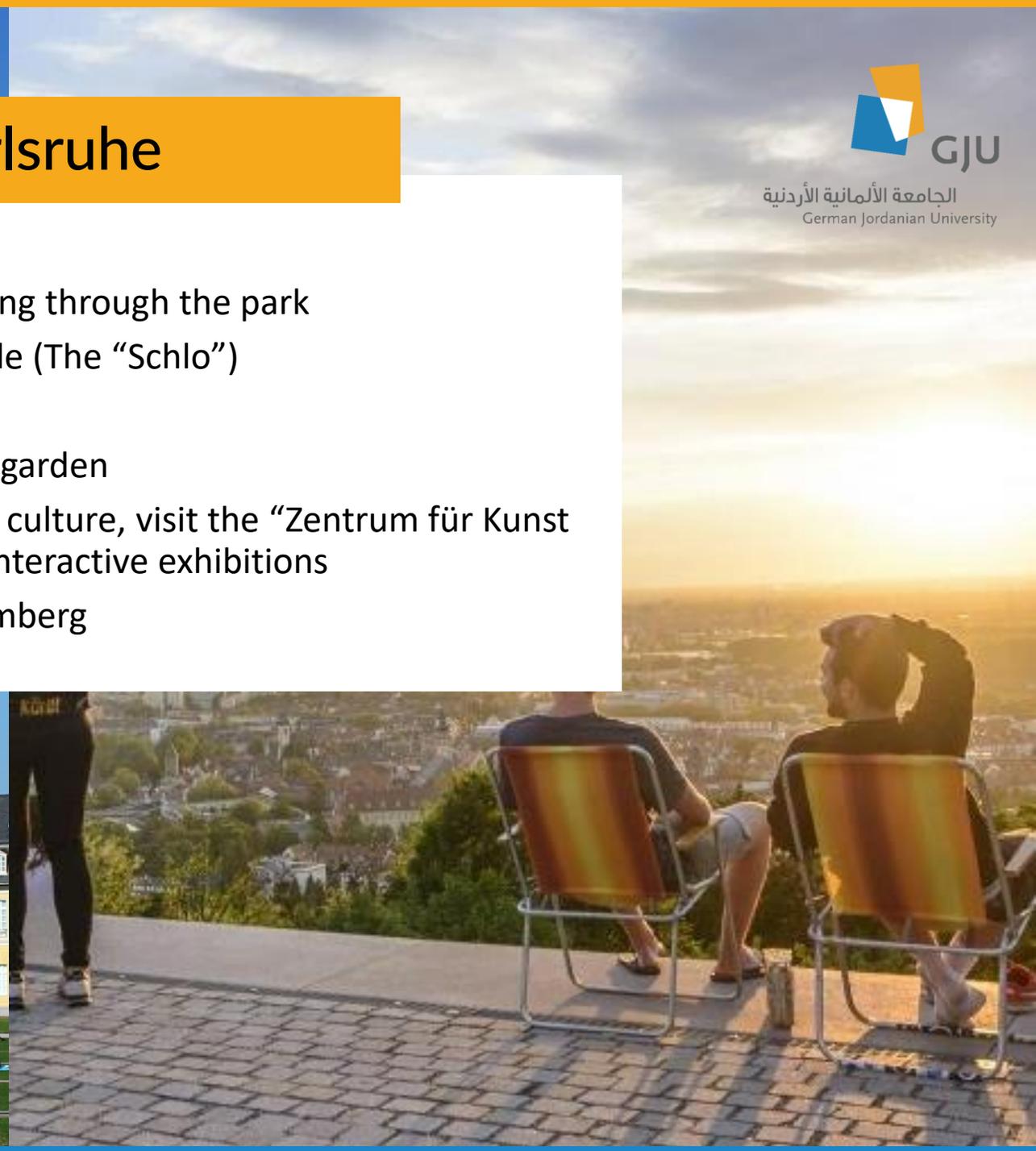
Frankfurt

- 30 min by train
- Take a walk along the riverside of the Main
- Visit the Senckenberg Museum to visit dinosaurs
- Try the Frankfurt “apple wine” (“Ebbler” in dialect)
- The Robert Johnson Technoclub is famous in Germany
- From Monday to Saturday, you can try food from all over the world in the “Kleinmarkthalle” – you can try the Frankfurt sausage (“Rindsworscht”)
- Every Saturday, there is a small secondhand market at Schaumainkai



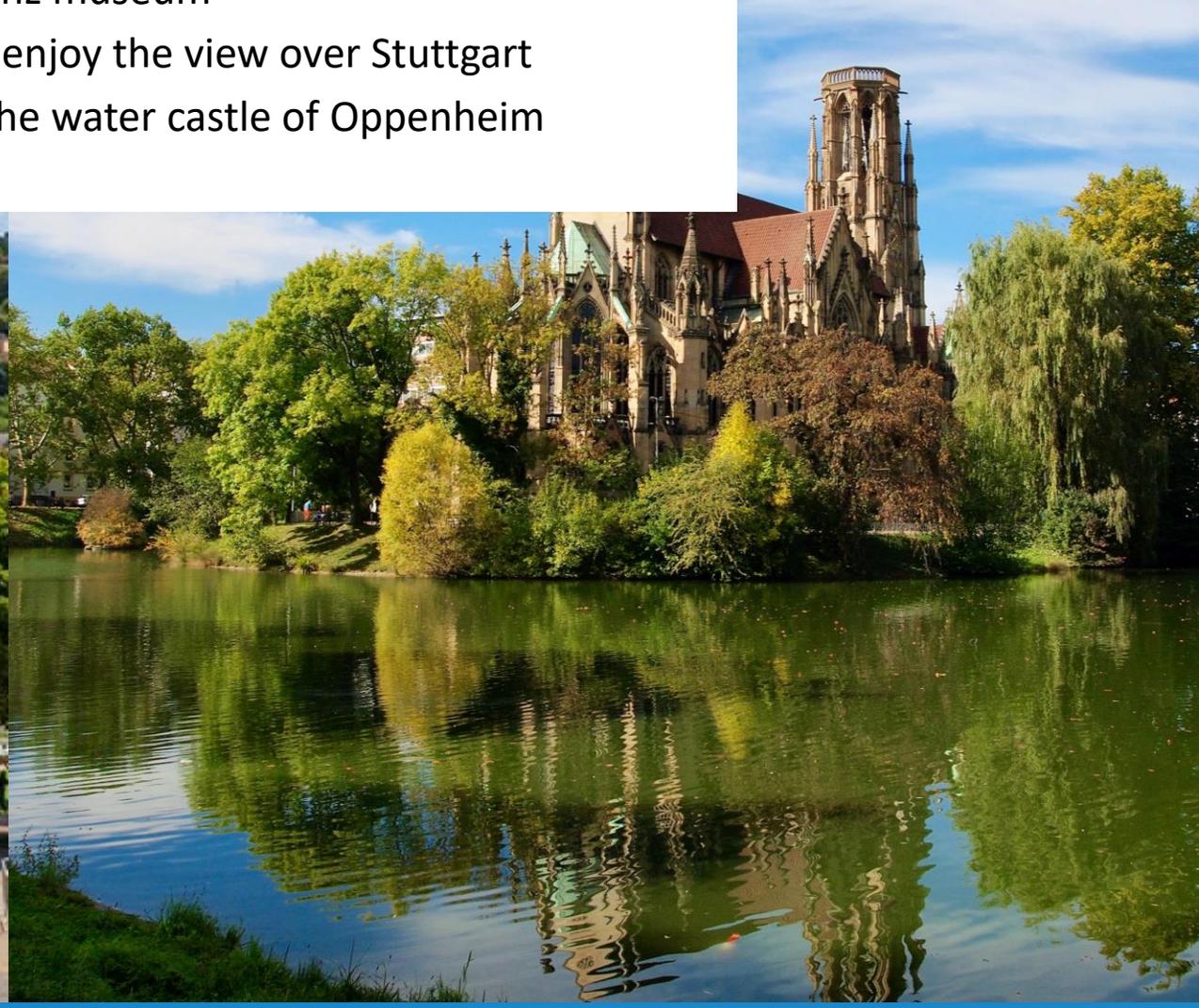
Karlsruhe

- 30 min – 60 min by train
- Visit the and its small train riding through the park
- Relax in the garden of the castle (The “Schlo”)
- Visit the botanical garden
- Visit the zoo with its Japanese garden
- If you are interested in art and culture, visit the “Zentrum für Kunst und Medien” where you find interactive exhibitions
- Enjoy the sunset from the Turmberg



Stuttgart

- 40 min by train
- Visit the Porsche and Mercedes-Benz museum
- Go on top of the Fernsehturm and enjoy the view over Stuttgart
- Visit the castle of Ludwigsburg or the water castle of Oppenheim



Straßbourg

- 1,5h by train
- Visit the Straßbourg Cathedrale and enjoy a view over the city
- At 12:30h, be at the astronomical watch and enjoy the little figure game
- Visit the quarter “Little France” and enjoy the typical dish: “Flammkuchen”
- Enjoy a boat trip to visit Straßbourg
- Especially beautiful is Straßbourg at Christmas with its Christmas Market



Tübingen

- 1,5h – 2h by train
- Visit the botanic garden
- Stroll through the historic city center and enjoy a coffee in a local café
- Walk along the river “Neckar” and rent a boat
- In summer, you can try standup-paddling on the Neckar



The background of the slide is an aerial photograph of Freiburg, Germany. The image shows a dense cluster of buildings with red-tiled roofs, a prominent church spire in the center, and a lush green hillside in the background. A yellow banner with the word 'Freiburg' is overlaid on the image.

Freiburg

- Try “Schwarzwälder Kirschtorte” – a regional famous cake
- Visit the market at the “Münsterplatz” (7-14:30h) – you can find regional food, cookies, cherries, ...
- Visit the Freiburg Cathedrale
- Take a walk in the Konviktstraße and enjoy the old flair
- Go on the Schlossberg (mountain of the castle) to get a good view
- Take the Schauinslandbahn (longest cable car of Germany) and enjoy the panorama view

Saarbrücken

- 2h by train
- Stroll through the city and along the riverside of the Saar and see historic buildings like the basilica or the city hall (you can also go up in the bell tower to get a view)
- Visit the underground castle complex (Kasematten)
- Try the typical Saarland dish: Dibbelabbes (potatoes, butter, onions, leek and bacon with applesauce)
- Try sweets in the patisserie of Quana Schott and try Macarons
- If you have more time, do a hiking trip to the “Saarschleife” (picture)
- Do a tour with your friends in a round boat with a grill – a BBQ Donut

Koblenz & Andernach

- 2h by train (one of the most beautiful train routes of Germany along the Rhine)
 - On the way, you could spend one night in the castle of Bacharach
- Stroll through the historic city and visit the “German Corner” (Deutsches Eck) where the rivers Rhine and Moselle meet
- Take the cable car to visit the Ehrenbreitstein Fortress
- If you have more time, take the train to a small town 10 min by train (Andernach) and visit the world largest cold-water geyser



A large, multi-towered medieval stone castle with dark grey roofs and red-timbered gables, situated on a steep, forested hillside. A stone wall with a wooden gate is visible in the foreground.

Burg Eltz

- 2h by car
- Visit the medieval castle Eltz
- Take a walk at the river Moselle or do a hike on the hills of one of the most beautiful small villages of Germany: Cochem

Cochem

- Take a walk at the river Moselle in one of the most beautiful small villages of Germany
- There is a beautiful small hike combined with climbing passages (for beginners, for free, and you don't need any equipment)



Cologne

- 2h by train (one of the most beautiful train routes of Germany along the Rhine)
- Visit the chocolate museum and try the chocolate
- Visit the Cologne cathedral
- At the end of February, there is the highlight of carnival, a street festival, where everyone is masqueraded

Bonn

- 2h by train
- Visit the museum “house of history”
- Take a walk at the riverside of the Rhine (“Rheinaue”)
- You can visit the house of Beethoven
- If you like gummy bear, you should visit the factory sale of Haribo
- In April, it’s cherry blossom season in Bonn – very beautiful!





Other worthy destinations

- Mainz (1h)
- Würzburg (2h)
- Nürnberg (3h)
- Fulda (2h)
- Basel (2h)
- Aachen (2-3h)
- Düsseldorf, Essen, Dortmund, ... (2-3h)
- Kassel (3h)
- Trier (3h)
- Munich (3h)
- Paris (3h)
- Colmar (3h)
- Berlin (5h)

Further questions?

If you have further questions regarding Mannheim, you can contact Annalena 😊

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[Click here](#) to get back to the overview

Thank you!

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