



الجامعة الألمانية الأردنية
German Jordanian University

German Jordanian University

Pre-Year in Health and Environmental Psychology

Non- Degree Granting Online Program

Study Plan 2025

I. Study Objective and Program Profile

GJU Online Pre-Year in Psychology is a special studies program of one year duration offered during the first and second semesters of GJU's academic year. It aims to qualify students for enrolment into the online German Bachelor's degree program "Health and Environmental Psychology" offered by THWS, especially for those who are not directly eligible to do so with their high school diploma.

The GJU Online Pre-Year does not require physical presence at GJU or in Jordan; this applies to both studying and taking exams. All learning activities are conducted online in English. The program introduces students to the foundations of psychology, research methods, health and environmental psychology, and interdisciplinary perspectives. It also equips them with academic study skills and practical competencies in preparation for full undergraduate study.

II. Learning Outcomes

- a. An ability to apply foundational knowledge of psychological concepts and theories.
- b. An ability to understand health and environmental influences on human behavior.
- c. An ability to use basic research methods and tools in psychology.
- d. An ability to communicate effectively in academic and interdisciplinary contexts.
- e. A recognition of the need for and an ability to engage in life-long learning.
- f. An ability to function in a culturally and ethically aware environment.

III. Course Delivery Methods

All courses will be offered online.

IV. Admission Requirements

To apply for admission, the following minimum requirements must be met:

- a. 65% General High School Examination (Tawjihi) or Equivalent
- b. Proven English Proficiency (at least B2 English certificate)

Placement Tests

Applicants must sit for placement tests in the English Language and Mathematics to determine whether the applicant may be required to take remedial courses in the mentioned subjects. Depending on or the applicant scores in the placement tests, some of the following 3-credit-hour remedial courses are required:

| Course ID | Course Name | Credit Hours | ECTS | Contact Hours | | Type | Prerequisites / Corequisites |
|--------------|----------------------|--------------|----------|---------------|----------|------|------------------------------|
| | | | | Lect. | Prac. | | |
| ENGL0098 | Elementary English | 3 | 3 | 3 | - | OL | Placement test |
| ENGL0099 | Intermediate English | 3 | 3 | 3 | - | OL | ENGL0098 |
| Total | | 6 | 6 | 6 | - | | |

- Remedial courses are to be completed and passed within the first year of enrollment.
- Passing grade of remedial courses is 60%.
- ECTS (B.Sc.): is the European Credit Transfer and Accumulation, One ECTS is equivalent to 30 actual workload hours.

V. Framework for Pre-Year

“Health and Environmental Psychology” pre-year online program (College Preparatory Program) aims to prepare students with the required technical skills to succeed later on in a German degree program.

| Classification | Credit Hours | | | ECTS | | |
|-----------------------|--------------|----------|-------|------------|----------|-------|
| | Compulsory | Elective | Total | Compulsory | Elective | Total |
| Pre-Year Requirements | 36 | 0 | 36 | 60 | 0 | 60 |

1. Pre-Year Requirements (36 credit hours, 60 ECTS)

| Course ID | Course Name | Credit Hours | ECTS | Contact Hours | | Type | Prerequisites / Corequisites |
|--------------|--|--------------|-----------|---------------|-------|------|------------------------------|
| | | | | Lect. | Prac. | | |
| HEP1101 | Introduction to Psychology | 3 | 5 | 4 | - | OL | - |
| HEP1102 | General Psychology: Foundations of Learning Theories | 3 | 5 | 4 | - | OL | - |
| HEP1201 | Health Psychology I | 3 | 5 | 4 | - | OL | - |
| HEP1301 | Environmental Psychology I | 3 | 5 | 4 | - | OL | - |
| HEP1501 | Interdisciplinary Perspectives I | 3 | 5 | 4 | - | OL | - |
| HEP1701 | Introduction to Academic Work | 3 | 5 | 4 | - | OL | - |
| HEP1103 | General Psychology: Psychological Functions | 3 | 5 | 4 | - | OL | HEP1102 |
| HEP1104 | Biological Psychology | 3 | 5 | 4 | - | OL | HEP1101 |
| HEP1202 | Health Psychology II | 3 | 5 | 4 | - | OL | HEP1201 |
| HEP1502 | Interdisciplinary Perspectives II: General Electives | 3 | 5 | 4 | - | OL | HEP1501 |
| HEP1401 | Counselling Skills | 3 | 5 | 4 | - | OL | HEP1102 |
| HEP1702 | Research Methods in Psychology | 3 | 5 | 4 | - | OL | HEP1701 |
| Total | | 36 | 60 | 48 | - | | |

Study Plan Guide for Online Pre-Year

| Pre-Year | | | | | | | |
|----------------|--|--------------|-----------|---------------|----------|------|------------------------------|
| First Semester | | | | | | | |
| Course ID | Course Name | Credit Hours | ECTS | Contact Hours | | Type | Prerequisites / Corequisites |
| | | | | Lect. | Prac. | | |
| HEP1101 | Introduction to Psychology | 3 | 5 | 4 | - | OL | - |
| HEP1102 | General Psychology: Foundations of Learning Theories | 3 | 5 | 4 | - | OL | - |
| HEP1201 | Health Psychology I | 3 | 5 | 4 | - | OL | - |
| HEP1301 | Environmental Psychology I | 3 | 5 | 4 | - | OL | - |
| HEP1501 | Interdisciplinary Perspectives I | 3 | 5 | 4 | - | OL | - |
| HEP1701 | Introduction to Academic Work | 3 | 5 | 4 | - | OL | - |
| Total | | 18 | 30 | 24 | - | | |

| Second Semester | | | | | | | |
|-----------------|--|--------------|-----------|---------------|----------|------|------------------------------|
| Course ID | Course Name | Credit Hours | ECTS | Contact Hours | | Type | Prerequisites / Corequisites |
| | | | | Lect. | Prac. | | |
| HEP1103 | General Psychology: Psychological Functions | 3 | 5 | 4 | - | OL | HEP1102 |
| HEP1104 | Biological Psychology | 3 | 5 | 4 | - | OL | HEP1101 |
| HEP1202 | Health Psychology II | 3 | 5 | 4 | - | OL | HEP1201 |
| HEP1502 | Interdisciplinary Perspectives II: General Electives | 3 | 5 | 4 | - | OL | HEP1501 |
| HEP1401 | Counselling Skills | 3 | 5 | 4 | - | OL | HEP1102 |
| HEP1702 | Research Methods in Psychology | 3 | 5 | 4 | - | OL | HEP1701 |
| Total | | 18 | 30 | 24 | - | | |